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Professional experience:

- 1986-Present Professor, Kinesiology Department
Point Loma Nazarene University, San Diego CA
- 1986-2002 Athletic Department – Coaching responsibilities
Point Loma Nazarene University, San Diego CA
- 1990-1991 Graduate Assistant and Assistant Lecturer in Dept. of Health & Kinesiology
Texas A&M University, College Station TX
- 1985-1986 Physical Education Specialist
Mary McPherson Elementary School, Meridian ID
Women's Assistant Basketball Coach
Northwest Nazarene College, Nampa ID
- 1978-1985 Teaching: Physical Education, Health, Biology
Coaching: Head Coach, Boy's Varsity Basketball,
Girl's Varsity Volleyball
Athletic Director: Seven interscholastic sports
Nampa Christian High School, Nampa ID

Education:

- 1996 Ph.D. Kinesiology
Texas A & M University, College Station, TX
- 1985 M.Ed. Counseling
College of Idaho, Caldwell, ID
- 1978 B.A. Physical Education
Point Loma College, San Diego, CA

Courses taught in current position:

General Education Courses:

Optimal Health

Upper Division Courses:

Leadership in the Fitness Professions
Motor Development & Motor Learning
Nutrition for Exercise and Sport Performance

Conference Presentations:

2009 "Controversial Aspects of Teaching Health and Wellness"
CSKLS, Christian Society of Kinesiology and Leisure Studies, Ottawa, Canada

Honors Projects:

Chair of 6 Graduation with Distinction/Honor's Projects Committee

Professional Development:

2014 Certified as HOLD developer (Hybrid and Online Learning Design).

2014 Developed and Implemented Online Course for Optimal Health.