

Kim W. Schaeffer, Ph.D.
Point Loma Nazarene University
3900 Lomaland Drive
San Diego, CA 92106-2899
kimschaeffer@pointloma.edu
CA Licensed Psychologist (PSY 12430)

Education

Veterans Administration Medical Center; Memphis, TN 38104

Program: Psychology Internship (APA-Accredited)

Dates: Sept., 1988--Aug., 1989

Oklahoma State University; Stillwater, OK 74078

Program: Clinical Psychology (APA-Accredited)

Dates: Aug., 1986--Aug., 1989

The University of Oklahoma Health Sciences Center; Oklahoma City, OK 73190

Program: Biological Psychology

Degrees: M.S., 1985

Ph.D., 1986

Honors: Colin Munro MacLeod Fellow

Oklahoma Medical Research Foundation (1982-1986)

Southern Nazarene University; Bethany, OK 73008

Major: Psychology

Degree: B.S., 1981 (Magna cum laude)

Professional Experience

Point Loma Nazarene University; San Diego, CA 92106

Dates: September, 1989--present

Position: Professor of Psychology

Dates: July, 2006 – December, 2006

Position: Acting Chair, Department of Psychology

Dates: May, 1996 – May, 2001

Position: Chair, Department of Psychology

Veterans Administration Medical Center ; Memphis, TN 38104

Dates: September, 1988--August, 1989

Position: Psychology Intern

Rotations: Major rotations: neuropsychology, rehabilitative medicine, and inpatient psychiatry.
Minor rotations: personality assessment, and outpatient psychotherapy.

Psychological Services Center; Stillwater, OK 74078

Dates: August, 1986--July, 1988

Position: Psychological Associate

Marriage and Family Counseling Services; Stillwater, OK 74078

Dates: June, 1987--May, 1988

Position: Counseling Associate

Guthrie Job Corps Center; Guthrie, OK 73044

Dates: Aug., 1987--July, 1988

Position: Mental Health Associate

Center for Alcohol and Drug Related Studies; Oklahoma City, OK 73104

Dates: September, 1986--July, 1988

Position: Research Associate

Veterans Administration Medical Center; Oklahoma City, OK 73104

Dates: September, 1985--July, 1986

Position: Neuropsychology Research Laboratory Director

Dates: January, 1982--August, 1985

Position: Research Assistant

Presentations and Publications

- Rabatin, M., Valentin, E., Bitter, A., Schaeffer, K. W., & Butterfield, M. E. (2016, April). *Perceptions of leadership and experience predict investor confidence in female CEOs*. Poster session presented at the 96th Annual Convention of the Western Psychological Association, Long Beach, CA.
- Richardson, K. L., Jazdzewski, R. M., Sirianni, L. L., & Schaeffer, K. W. (2015, April). *When basic needs are a bummer: When focusing on hassles affects your life*. Poster session presented at the 95th Annual Convention of the Western Psychological Association, Las Vegas, NV.
- Meza, R., Cheney, D., O'Brien, K., Scherer, J., Owen, C., & Schaeffer, K. W. (2014, April). *The effects of facial and body expressions on approachability*. Poster presented at the 94th Annual Convention of the Western Psychological Association, Portland, OR.
- Meza, R., Cheney, D., O'Brien, K., Scherer, J., Owen, C., & Schaeffer, K.W. (2014, May 06). Facial and body expressions on approachability. Retrieved from <http://www.PsychFileDrawer.org/replication.php?attempt=MTg5>
- Collier, B., Hubbard, M., Owen, C., & Schaeffer, K. W. (2013, April). *The effects of flow on positive affect in college students*. Poster presented at the 93rd Annual Convention of the Western Psychological Association. San Francisco, CA.
- Owen, C. E., Corrado, S. L., & Schaeffer, K. W. (2012, April). *The effects of attachment on the likelihood of forgiveness*. Poster presented at the 92nd Annual Convention of the Western Psychological Association. San Francisco, CA.
- Tychsen, Z., Cambridge, F., & Schaeffer, K.W. (April, 2011). *Psychological Well-Being in Female and Male Freshmen*. Poster presented at the 91st Annual Convention of the Western Psychological Association. Los Angeles, CA.
- Richardson, K., Tychsen, Z., Blauer, C., & Schaeffer, K.W. (April, 2010). *The Intrapersonal Emotions of Shame and Guilt*. Poster presented at the 80th Annual Convention of the Rocky Mountain Psychological Association. Denver, CO.
- Penner, J., Backiel, S., Baucum, L., & Schaeffer, K.W. (April, 2010). *Personal Growth in College Freshmen and Seniors*. Poster presented at the 80th Annual Convention of the Rocky Mountain Psychological Association. Denver, CO.
- Johnsen, J., Peterson, C., Cambridge, F., & Schaeffer, K.W. (April, 2010). *Do Students Become More Forgiving While Attending a Christian College?* Poster presented at the 80th Annual Convention of the Rocky Mountain Psychological Association. Denver, CO.
- Bedford, S., & Schaeffer, K. W. (2009, April). *Effects of prayer and mantra repetition on stress level*. Poster session presented at the 89th Annual Convention of the Western Psychological Association, Portland, OR.
- Luginbuhl, P. J., Schaeffer, K. W., Weg, M. T., Powers, S. M., Jarvinen, M. J., & Smee, R. W. (2006, April). *The influence of personality and self-esteem on happiness*. Poster session presented at the 86th Annual Convention of the Western Psychological Association, Palm Springs, CA.
- Flores, S., Barnes, C., Bunker, D., Enriquez, R., Moltzner, K., Tovar, R., & Schaeffer, K. W. (2006, April). *Positive Psychology education: Its effects on self-concept, optimism, and happiness*. Poster session presented at the 86th Annual Convention of the Western Psychological Association, Palm Springs, CA.
- Huff, T. L. P., Young, K. G., Kennedy, E. M., & Schaeffer, K. W. (2005, April). *The relationship between positive psychology education and the five factors of personality*. Poster session presented at the 75th Annual Convention of the Rocky Mountain Psychological Association, Phoenix, AZ.
- Aranda, B., Klabunde, M., Kirdendall, B., & Schaeffer, K. W. (2004, May). *The influence of positive psychology groups on optimism and self-concept*. Poster session presented at the 13th Annual UCLA Psychology Undergraduate Research Conference, Los Angeles, CA.
- Nordella, J., Schaeffer, K. W., Blair, C., O'Donnell, T., & Purdin, J. (2004, April). *Optimism training: Its effect on self-concept and optimism levels*. Poster session presented at the 84th Annual Convention of the Western Psychological Association, Phoenix, AZ.
- Reyes, K., Stark, S., Statler, K., & Schaeffer, K. W. (2002, April). *Involvement of commuters versus residents on a primarily residential campus*. Poster session presented at the 82nd Annual Convention of the Western Psychological Association, Irvine, CA.
- Slovak, J., Berry, B., Kwiatkowski, L., Guthrie, M., & Schaeffer, K. (2002, April). *Reliability and validity of a retention instrument*. Poster session presented at the 31st Annual Western Psychology Conference for Undergraduate Research, Santa Clara, CA.

- Kion, K. & Schaeffer, K. (2001, April). *Retention of university freshmen: Undecided versus not intending to return students*. Poster session presented at the 71st Annual Convention of the Rocky Mountain Psychological Association, Reno, NV.
- Ayers, S., Genovese, M., Williams-Medina, A., Schaeffer, K. W. (April 2000). *Predicting Retention: A Look at the Undecided Student*. Poster session presented at the annual meeting of the Western Psychological Association, Portland, Oregon.
- Schaeffer, K.W., Hyde, R.A., Kroencke, T., McCormick, B., & Nottebaum, L. (2000). Religiously-motivated sexual orientation change. *Journal of Psychology and Christianity, 19*, 61-70
- Fraser, S., & Schaeffer, K. W. (April 1999, April). *Freshmen Retention Based on Students' Intent to Return*. Poster session presented at the annual meeting of the Western Psychological Association, Irvine, CA.
- Schaeffer, K.S., Nottebaum, L., Smith, P., Dech, K., & Krawczyk, J. (1999). Religiously-motivated sexual orientation change: A follow-up study. *Journal of Psychology and Theology, 27*, 329-337.
- Brown, P. K., Lim, K. E., & Schaeffer, K. W. (1998, April). *A retention study based on students' intent to return*. Presented at the annual convention of the Western Psychological and Rocky Mountain Psychological Association, Albuquerque, NM.
- Sloan, A. K., Holly, K. A., & Schaeffer, K. W. (1998, April). *Comparison of self-concept from divorced and intact families*. Presented at the annual convention of the Western Psychological and Rocky Mountain Psychological Association, Albuquerque, NM.
- To, S., Ovando, S., & Schaeffer, K. W. (1998, April). *The anagram task: A tool for measuring persistence*. Presented at the annual convention of the Western Psychological and Rocky Mountain Psychological Association, Albuquerque, NM.
- Bentley, J. K., Plaxton, C., & Schaeffer, K. W. (1997, April). *Exercise motivation in college students*. Presentation at the 67th Annual convention of the Rocky Mountain Psychological Association, Reno, NV.
- Ovando, C., Hubbs, T., & Schaeffer, K. W. (1996, April). *The anagram task as a measure of persistence*. Poster session presented at the 66th Annual Convention of the Rocky Mountain Psychological Association, Park City, Utah.
- Nixon, S. J., Parsons, O. A., Schaeffer, K. W., & Hale, R. L. (1995). A methodological study of the Shipley Institute of Living Scale in alcoholics and non-alcoholics: Reliability, discriminating items, and alternate forms. *Applied Neuropsychology, 2*, 155-160.
- Sapp, M., Kiker, L., Wiley, S., & Schaeffer, K. W. (1995, March). *Reliability and validity of an anagram task*. Poster session presented at the 75th Annual Convention of the Western Psychological Association, Los Angeles, CA.
- Cardoza, N., Horton, M., Wylie, S., & Schaeffer, K. W. (1994, April). *Class rank as a function of motivation and verbal achievement*. Poster session presented at the 64th Annual Convention of the Rocky Mountain Psychological Association, Las Vegas, NV.
- Parsons, O. A., Schaeffer, K. W., & Glenn, S. W. (1990). Does neuropsychological test performance predict resumption of drinking in post-treatment alcoholics? *Addictive Behaviors, 15*, 297-307.
- Schaeffer, K. W., & Parsons, O. A., & Errico, A. L. (1989). Performance deficits on tests of problem solving ability in alcoholics: Cognitive or motivational impairment? *Journal of Substance Abuse, 1*, 381-392.
- Errico, A. L., Parsons, O. A., & Schaeffer, K. W. (1988, April). *Familial alcoholism, locus of control and affect in male alcoholics*. Poster session presented at the 34th Annual Convention of the Southwestern Psychology Association, Tulsa, OK.
- Everett, M., Parsons, O. A., & Schaeffer, K. W. (1988). Learning impairment in male and female alcoholics. *Archives of Clinical Neuropsychology, 3*, 203-211.
- Nixon, S. J., Parsons, O. A., Schaeffer, K. W. & Hale, R. L. (1988). Subject selection biases in alcoholic samples: Effects on cognitive performance. *Journal of Clinical Psychology, 44*, 831-836.
- Patterson, B. W., Parsons, O. A., Schaeffer, K. W., & Errico, A. L. (1988). Interpersonal problem-solving in alcoholics. *Journal of Nervous and Mental Disease, 176*, 707-713.
- Schaeffer, K. W., & Parsons, O. A. (1988). Learning and memory test performance in alcoholics as a function of monetary incentive. *International Journal of Neuroscience, 38*, 311-319.

- Schaeffer, K. W., Parsons, O. A., & Errico, A. L. (1988). Male alcoholics' abstracting ability, depressive symptoms and childhood behavior disorders as a function of family history of alcoholism. *Alcoholism: Clinical and Experimental Research*, 12, 617-618.
- Yohman, J. R., Schaeffer, K. W., & Parsons, O. A. (1988). Cognitive training in alcoholics. *Journal of Consulting and Clinical Psychology*, 56, 67-72.
- Errico, A. L., Patterson, B. W., & Schaeffer, K. W. (1987, April). *Interpersonal problem solving deficits in male alcoholics: Family history effects*. Poster session presented at the 33rd Annual Convention of the Southwestern Psychology Association, New Orleans, LA.
- Patterson, B. W., Williams, H. L., McLean, G. A., Smith, L. T., & Schaeffer, K. W. (1987). Alcoholism and family history of alcoholism: Effects on visual and auditory event-related potentials. *Alcohol*, 4, 265-274.
- Schaeffer, K. W., & Parsons, O. A. (1987). Learning impairment in alcoholics using an ecologically relevant test. *Journal of Nervous and Mental Disease*, 175, 213-218.
- Schaeffer, K. W., & Parsons, O. A. (1987, April). *Learning/memory in alcoholics as a function of monetary incentive*. Poster session presented at the 33rd Annual Convention of the Southwestern Psychology Association, New Orleans, LA.
- Schaeffer, K. W., & Parsons, O. A. (1986). Drinking practices and neuropsychological test performance in sober male alcoholics and social drinkers. *Alcohol*, 3, 175-179.
- Schaeffer, K. W., & Parsons, O. A. (1985, March). *Learning impairment in alcoholics using an ecologically valid test*. Poster session presented at the 3rd Annual Spring Conference of the Oklahoma Psychological Association to Encourage and Develop Psychological Research, Oklahoma City, OK.
- Schaeffer, K. W., Parsons, O. A., & Yohman, J. R. (1984). Neuropsychological differences between male familial and nonfamilial alcoholics and nonalcoholics. *Alcoholism: Clinical and Experimental Research*, 8, 347-351.
- Parsons, O. A., Schaeffer, K. W., & Yohman, J. R. (1983, April). *Neuropsychological differences between male familial and nonfamilial alcoholics and nonalcoholics*. Subjects at risk for alcoholism: Recent findings. Symposium conducted at the meeting of the National Alcoholism Forum, Houston, TX.
- Parsons, O. A., Yohman, J. R., Purvis, J., Schaeffer, K. W., & Patterson, B. (1983, November). *Cognitive retraining in alcoholics: work in progress*. Paper presented at the 37th Annual Convention of the Oklahoma Psychological Association, Tulsa, OK.
- Schaeffer, K. W., & Hill, K. (1981, November). *Effects of experimenter's sex and references to higher authority on obedience to authority*. Poster session presented at the 35th Annual Convention of the Oklahoma Psychological Association, Tulsa, OK.

Professional Affiliations

American Psychological Society
Sigma Xi
Psi Chi

Courses Taught

Experimental Design and Statistics (yearlong course)
Abnormal Psychology
General Psychology
Positive Psychology
Small Group Counseling

PLNU Committee Membership

2012-present	Assessment Coordinator, Psychology Department, WASC Assessment Committee
2011-present	Psychology Department Assessment Committee
2011	Institutional Review Board
2010-2013	Social Ethos Committee
2004-2010	General Education Committee
2004-2007	WASC Capacity and Preparatory Review: Data Portfolio Committee

	WASC Educational Effectiveness: Program Review Committee
2001-2002	Human Subjects Committee
	Teacher Education Committee
1996-2001	Academic Policy Committee
1995-1996	First Year Experience Committee
1993-1995	Faculty Council
1992-1995	Rank and Tenure Committee
1991-1993	Graduate Studies Committee
1990-1991	Advisement and Guidance Committee
	Student Financial Aid Committee
1989-1991	Resource Center Advisory

Continuing Education in Psychology

- 2014 Recent Progress in the Science of Gratitude: Exploring How Gratitude Trains Your Brain Your Happiness. (May 11).
 Courage: Understanding Fear and the Willingness to Act. (May 11).
 Diverse Brains. (May 11).
 The Psychological Science behind Partisanship versus Cooperation. How You and I Can Fix Our Broken Government. (May 12).
 The Art & Science of Mindfulness: Compassion & Wisdom Conference. FACES Conferences, Inc. San Diego, CA. (May 15-17).
 Ethics & Boundary Issues (Oct. 10).
- 2013 Statistics Workshop 1: Factor Analysis for Understanding and Application (April 25). Psychotherapy In and Out of the Office (April 25).
 Building Autonomy: Facilitating Metacognition and Successful Study Behaviors (April 26).
 Happiness, Excellence, and Optimal Functioning Revisited: Positive Psychology 15 Years Later (April 26).
 The More Who Die, the Less We Care: The Twisted Arithmetic of Compassion (April 26). Ethnicity and Mental Health: The Strange Case of Asian Americans (April 26). Scientific Utopia: A Radical View (April 26).
 Seductive Poison (April 27).
 What Was I Thinking? Why Good People Sometimes Do Bad Things (April 27). Revolutionizing Diagnosis & Treatment Using the DSM-5; B. Baer (May 22).
- 2012 Fostering Civility in Youth (April 26).
 The Longevity Project: The 8-Decade Study of Staying Healthy and Living Long (April 27).
 Using Psychology and the Internet to Reduce Health Disparities Locally and Globally (April 28).
 Taking Stock of the First Decade of Positive Psychology (April 28).
 International Immersion Learning in Higher Education: Research Results (April 28).
 Choosing Your Multivariate Technique (April 29).
 Medications for Mental Disorders; W. A. Cook (10/30/12).
 Older Adults and Mental Health (10/31/12).
- 2011 Counseling Advances Conference. U.S. Journal Training, Inc. and The Institute for Integral Development. Las Vegas, NV.
- 2009 The 15th Annual Counseling Skills Conference. U.S. Journal Training, Inc. and The Institute for Integral Development. Las Vegas, NV.
- 2009 The 7th Las Vegas Conference on Adolescents and Young Adults. U.S. Journal Training, Inc. and The Institute for Integral Development. Las Vegas, NV.
- 2008 The 2nd Annual Conference on Therapeutic and Alcohol/Drug Interventions. U.S. Journal Training, Inc. and The Institute for Integral Development. Las Vegas, NV.

- 2007 The 13th Annual Counseling Skills Conference (including the Pre-Conference Ethics Workshop). U.S. Journal Training, Inc. and Faces Conferences. Las Vegas, NV.
- 2006 Aging and Long Term Care. Association for Advanced Training in the Behavioral Sciences. Web-based CE.
- 2005 Emerging Issues Conference: Trauma and Violence, Substance Abuse, Couples and Adolescents (including Ethics workshop). Faces Conferences. Las Vegas, NV.
- 2004 The 6th Annual Fall Las Vegas Conference: Healing and Treating Violence, Anger and Trauma. Faces Conferences (including Domestic Violence workshop). Las Vegas, NV.
- 2004 The 6th Annual Mastering Counseling Skills with the Masters Conference (including Ethics workshop). Faces Conferences. Las Vegas, NV.
- 2003 The 5th Annual Mastering Counseling Skills with the Masters Conference (including Ethics workshop). Faces Conferences. Las Vegas, NV.
- 2002 Emotional Intelligence. Psycho-Legal Associates Inc. San Diego, CA.
- 2002 California Psychological Association Convention. Pasadena, CA
- 2001 The Immune System. CorText Mind Matters Educational Seminars. Escondido, CA.
- 2000 Coaching Fundamentals; Law and Ethics: Beyond the Basics. Psycho-Legal Associates, Inc. San Diego, CA.
- 1999 The 34th Annual Symposium on the Recent Developments in the Use of the MMPI-S and MMPI-A. Sponsored by MMPI-2 Workshops and the University of Minnesota. Huntington Beach, CA.
- 1999 Memory. Institute for Cortext Research and Development. San Diego, CA.
- 1999 Improving Functional Outcomes in Individuals with Psychotic Disorders. University of California, San Diego School of Medicine Department of Psychiatry. San Diego, CA.
- 1998 PTSD, Trauma and Dissociation: enhancing Diagnosis and Treatment. CME, Inc. Monterey, CA.
- 1997 Practical Advances in Psychology: Psychopharmacology, Geriatrics, Substance Abuse, ADHD Children and Women. CME, Inc. Walnut Creek, CA.
- 1996 Substance Abuse Workshop. A Workshop by the California Psychological Association. San Diego, CA.
- 1995 Memory, Sexual Trauma and the Law: What Therapists, Survivors and Families Need to Know. A Workshop by Charter Behavioral Health Systems of Dallas. San Diego, CA.
- 1994 The 74th Annual Convention of the Western Psychological Association. Kona, HI.
- 1994 Faculty Portfolios: A New Way to Document Excellence in Teaching. Fall Conference of ICCUFA. San Diego, CA.
- 1993 Collaborative Strategies for Student Learning and Faculty Renewal. The 9th Annual Faculty Regional Workshops Sponsored by the Council of Independent Colleges. Costa Mesa, CA.
- 1992 The Fourth Annual Convention of the American Psychological Society. San Diego, CA.
- 1992 The Freshman Year Experience: Freshman Experience Resource Seminar. Tempe, AZ.
- 1991 California Oral Examination Workshop: Psychology Licensing Exam Review. Los Angeles, CA.
- 1990 Child Abuse Workshop. California School of Professional Psychology, San Diego, CA.
Human Sexuality Workshop. California School of Professional Psychology, San Diego, CA.
Preparation for the Examination for the Professional Practice in Psychology. Home study course.

Continuing Education in Team Based Learning

- 2016 The 15th Annual TBLC Conference; Albuquerque, NM (Mar. 3-5).
- 2015 The 14th Annual TBLC Conference; St. Petersburg, FL (Mar. 5-7).

- 2014 Individualized TBL Training and Support by Clemmons, J. (Sep. 12).
- 2013-present PLNU TBL Faculty Learning Community.
- 2013 TBL Classroom Observation and Consultation by Clemmons, J.
- 2013 Faculty Development and Scholarship Day Presentation; TBL Basics (Aug. 26).
- 2013 PLNU TBL 2-Day Academy (June 5, 7).
- 2013 The 12th Annual TBLC Conference; San Diego, CA (Feb. 28- March 2).
- 2012 Roberson, B. Critical Thinking/Team-Based Learning at PLNU (Aug. 20).

Community Service

- 2010-15 Volunteer for the San Diego Chargers pregame ceremony in support of the NFL's Crucial Catch initiative to promote breast cancer screening.
- 2015-present Founder of the Ruth and Walter Schaeffer Endowed Scholarship at PLNU
- 2007-2014 Survivor Village Volunteer at the Susan Komen 5K Run
- 2012-present Founder of the Sara Beideman Memorial Scholarship at PLNU
- 2000-present Founding member of the C. Eugene Mallory Endowed Scholarship at PLNU
- 1997-2000 Crusader Sports Associates Board of Directors
- 1989-1999 Health Professions Advisory Committee
- 1990-1995 Sunset Cliffs Natural Park Recreation Council
- 1993-1995 Psi Chi Advisor (including charter year)
- 1992-1993 Advisor for Charter Membership of Psi Chi
- 1989-1993 Psychology Club Advisor

References

Available upon request