

Alina M. Baltazar,
PhD, MSW, LMSW-Clinical, CFLE, CCTP-I, CFTP

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Degree Information

PhD in Human Development and Family Studies

Michigan State University
December 2015

Master of Social Work with Specialist in Aging Certificate

University of Michigan
December 1995

B.A., Psychology with a minor in Family Studies

Andrews University
June 1994, summa cum laude with honors

Academic Appointments

2024-present Point Loma Nazarene University San Diego, CA

Professor of Social Work and MSW Program Director, Department of Sociology, Social Work, and Family Science

- Direct the Master of Social Work program
- Designed new hybrid MSW curriculum
- Applied for approval of the MSW program with CSWE and the university
- Recruiting for MSW program
- Course currently being taught: Social Work Practice I

2013-2024 Andrews University Berrien Springs, MI

Tenured Professor since 2021 and MSW Program Director, School of Social Work

- Directed the Master of Social Work program
- Designed and implemented an on-line MSW program that began Fall 2022
- Designed and implemented multiple MSW dual degrees; MBA, MPH, and MS in Family Life
- Reviewed and approve applications for the MSW program
- Reviewed and approve applications to graduate with an MSW
- Met with interested students and market the MSW program
- Advisee MSW students, including all on-line students

- Managed and directed committee to approve MSW scholarship applications
- Served on College of Arts and Sciences Graduate Council
- Served on Faculty Research Grant Committee
- Served on the Undergraduate/Graduate Policy Council
- Designed and Chair of the Post-Disaster Mental Health Team
- Maintained CSWE standards and accreditation for MSW program
- Assisted with graduate curriculum changes
- Coordinated class scheduling for MSW program
- Monitored student progression through the MSW program
- Courses taught: Foundations of Practice in Social Work (focus on individuals and families), Cognitive Behavioral Therapy class, MSW portfolio class, Personal Relationships, Mental Health Treatment (on-line), and Couple and Family Therapy.

2019-Present Andrews University, Berrien Springs, MI

Contract Teacher School of Rehabilitation Sciences

- Taught Psychosocial Issues in Healthcare course to doctor of physical therapy students 1 x per year. Taught on-line delivery in 2020-2021.

2011-2018 Andrews University Berrien Springs, MI

Adjunct Professor of Family Studies, Behavioral Sciences Dept.

- Taught Family Studies courses as needed

2010-2011 Andrews University Berrien Springs, MI

Contract Assistant Professor and Interim Director Family Studies Program, Behavioral Sciences Dept.

- Taught Parent-Child Relationships, Introduction to Family Studies, Personal Relationships, Family Violence through the Life Course, and Contemporary Social Issues courses.
- Contract taught Families in Society class at the Andrews University Seminary.
- Interim director of the Family Studies program for one year.
- Designed a Family Studies brochure.
- Gave several family life presentations in the community.
- Implemented a marketing plan.
- Marketed the Family Studies program.
- Majors more than doubled in one semester when interim director.
- Advised students to reach their educational and career goals.
- Oriented new director of Family Studies program.

2001-2010 Andrews University, Berrien Springs, MI

Contract Teacher Behavioral Science Department

- Taught two semesters of bachelor level contemporary social issues class.
- Taught three semesters of bachelor level class in service learning.

1999-present Andrews University, Berrien Springs, MI

Co-Associate Director and Director of Prevention Education for Institute for the Prevention of Addiction

- Primary Investigator for Youth Health Risk Survey distributed on campus in 2023, managed the survey distribution in 2011 in 2018.
- Coordinate the Summer School of Addictions, a biyearly intensive undergraduate/graduate course on addictions, since 2003.
- Published research papers on parental influence on alcohol use, pornography, and inhalant use in peer reviewed journals.
- Gave presentations at conferences on research done on domestic violence, pornography, inhalant use, parental and religiosity influence on health risk behaviors, and drug use.
- Conducted literature reviews on drug policy, HIV policy, domestic violence, and depression.
- Assisted with domestic violence survey development.
- Wrote grants for Polly's Place Network, (faith-based domestic violence agency) raising \$10,000.
- Conducted external evaluation of a faith-based domestic violence shelter.
- Co-wrote chapters on violence and public health in a social problems textbook for college students.

Peer-Reviewed Publications

- Baltazar, A.M. & McBride, D.C. (2024). Role of parents and religiosity in regular alcohol use among Christian college students: A mixed method approach among two cohorts. *Journal of Research in Christian Education*, 23.
- Baltazar, A.M. (2023). Self-harm: Warning signs, risk factors, and prevention. *Journal of Family Research and Practice*, 3(1), 13-26.
- McBride, D.C., Bailey, K.G.D., Landless, P.M., Baltazar, A.M., Trim, D.J.B., & Stele, G. (2021). Health beliefs, behavior, spiritual growth and salvation in a global population of Seventh-day Adventists. *Review of Religious Research*, published online <https://doi.org/10.1007/s13644-021-00451-4>
- Drumm, R., Sedlacek, D., & Baltazar, A.M. (2020). "My life has been just like a big expectation." *Social Work & Christianity*, 47(2), 86-104.

- Baltazar, A.M., McBride, D.C., Ames, B., & Griffore, R. (2020). Transitioning role of parents in binge drinking in the context of alcohol abstinent religiosity among Christian college students, *Journal of Research on Christian Education*, 29(1), 82-102.
- Baltazar, A.M. (2015). Role of parents in college student regular alcohol use in the context of abstinent religiosity. *ProQuest Dissertation Publishing*. Retrieved from: <http://search.proquest.com/pqdtglobal/docview/175225208/#27C3438E564459FPQ/1?acc...>
- Baltazar, A.M., Conopio, K., & Moreno, J. (2013). Protecting youth from health risk behaviors. *The Journal of Adventist Education*, 76(2), 11-15.
- Hopkins, G.L., Baltazar, A.M., and McBride, D.C. (2013). The abuse of prescription and over-the-counter drugs. *The Journal of Adventist Education*, 76(2), 48-51.
- Baltazar, A.M., Hopkins, G., McBride, D.C., VanderWaal, C., Pepper, S., & Mackey, S. (2013). Parental influence on inhalant use. *Journal of Child & Adolescent Substance Abuse*, 22(1), 25-37.
- Baltazar, A.M., Helm, Jr., H.H., McBride, D.C., Hopkins, G., & Stevens, Jr., J.V. (2010). Internet pornography use in the context of external and internal religiosity. *Journal of Psychology and Theology*, 38(1), 32-40.
- Baltazar, A.M. & McBride, D.C. (2007). Violence in America. In H.W. Helm, Jr. and D.C. McBride (eds). *Many Voices: An Introduction to Social Issues*. Andrews University Press: Berrien Springs, MI (pp. 228-255).
- Farrell, N.L., Gillespie, S.A., McBride, A.M., & Hopkins, G.L. Public health and health care. In H.W. Helm, Jr. and D.C. McBride (eds) (2007). *Many Voices: An Introduction to Social Issues*. Andrews University Press: Berrien Springs, MI (pp. 122-149).
- Drumm, R.D., McBride, D.C., Allen, K., Baltazar, A.M., & McCoy, C.B. (2001). Protective effects of religion: Drug use, HIV risk, and violence. *Journal of Addictions Nursing*, 13, 83-93.

Faith-based Publications

- Hopkins, G., Baltazar, A.M., & McBride, D.C. (2024). Prevention of alcohol & abuse (73-82). In Landless, P., McBride, D.C. (Eds). *Alcohol: All risk no benefits*. Pacific Press.
- Baltazar, A.M., VanderWaal, C. (2024). Alcohol use among college students. In Landless, P., McBride, D.C. (Eds). *Alcohol: All risk no benefits*. Pacific Press.
- Baltazar, A.M. (2024, February 29). Why would anybody self harm? *Lake Union Herald*.
- Baltazar, A.M. (2023, June 23). Help young adults manage stress. *Lake Union Herald*.
- Baltazar, A.M. (2023). Managing differences in the family. In W. Oliver & E. Oliver (Eds), *Understanding Diverse Families* (pp. 89-98). Review and Herald Publishing Association.
- Baltazar, A.M. & McBride, D.C. (2023). The family: Functions, religiosity, and health message adherence. In J. Gavin, P. Cincala, & P. Richardson (Eds), *As One Who*

Services: Perspectives on Adventist Mission & Ministry to Members, Families, and Communities. Center for Creative Ministry.

- Baltazar, A.M. (2023, January/February). How to improve kids' learning after the pandemic. *Lake Union Herald*.
- Baltazar, A.M. (2022). The impact of sexual abuse on children. In W. Oliver & E. Oliver (Eds.), *Families and Mental Health* (pp. 76-87). Review and Herald Publishing Association.
- Baltazar, A.M. (2022, March 2). Religion's impact on parenting. *Lake Union Herald*.
- Baltazar, A.M. (2021, September 30). Sexual assault in the Christian home. *Lake Union Herald*.
- Baltazar, A.M. & Hopkins, G. (2021, April 29). Building resilience in children and youth. *Adventist World*. <https://www.adventistworld.org/building-resilience-in-children-and-youth/>
- Baltazar, A.M., McBride, D.C., Hopkins, G.L., & Landless, P.N. (2021, March 1). At-risk behaviors on the rise during this pandemic: How to expand coping strategies. *Adventist Review*. <https://www.adventistreview.org/2103-46>
- Baltazar, A.M. (2021, February 17). Benefit of the doubt. *Lake Union Herald*. <https://www.lakeunionherald.org/archive/articles/benefit-of-the-doubt>
- Baltazar, A.M. (2020). How to improve the mental health of our children. In W. Oliver & E. Oliver (Eds.), *Unity in Community* (pp. 74-86). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M. (2020, October 28). Coping with the pandemic. *Lake Union Herald*. <https://www.lakeunionherald.org/archive/articles/coping-with-the-pandemic>
- Baltazar, A.M. & McBride, D.C. (2020). Religion's Impact on the Mental Health of Seventh-day Adventist College Students. In S. Case (Ed). *180 Symposium*. Advent Source.
- Baltazar, A.M., Dessie, A., & McBride, D.C. (2020). Living up to Adventist standards: The role religiosity plays in wellness behaviors of Adventist college students. In Editorial Safeliz, S.L. (Eds.) *Discipling, Nurturing, & Reclaiming: Nurture and Retention Summit* (pp. 208-219). Review & Herald Publishing Company.
- Baltazar, A.M. (2020, April 8). Mental illness in the family. *Lake Union Herald*.
- Baltazar, A.M. (2019). Parenting adolescents in today's world. In W. Oliver & E. Oliver (Eds.), *Making Disciples* (pp. 51-59). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M. (2019, October 8). Building a solid relationship. *Lake Union Herald*.
- Baltazar, A.M. & Bacchiocchi, S.C. (2019). First mission outpost: The family. In W. Oliver & E. Oliver (Eds.), *Strengthening Disciples* (pp. 79-85). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M. (2019, February 25). Parenting doesn't stop at 18. *Lake Union Herald*.

- Baltazar, A.M. (2018). Uplifting the noncustodial parent. In W. Oliver & E. Oliver (Eds), *Discipleship and Service* (pp. 55-63). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M. (2018). Religiosity's relationship with weekly and binge alcohol use among students attending an alcohol abstinent Christian university. In *The Promotion of Policy to Create Positive Change in Public Health*. Yvonne Terry-McElrath, Curt VanderWaal, Alina Baltazar, & David Trimm Editors.
- Bacchiocchi, S. & Baltazar, A.M. (2018, October 6). Successful parenting begins with love. *Lake Union Herald*.
- Baltazar, A.M. (2018, May). Successful mothering. *Adventist Review*. 19-24.
- Baltazar, A.M. (2017). Parents can help teens and young adults say “no” to drugs. In W. Oliver & E. Oliver (Eds), *Growing Disciples* (pp. 61-67). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M, McBride, D.C., VanderWaal, C., & Conopio, K. (2016). Sex, drugs, and alcohol: What Adventist college students say about the role of parents and religion. In W. Oliver & E. Oliver (Eds), *Healthy Families for Eternity* (pp. 68-72). Hagerstown, MD: Review and Herald Publishing Association.
- Baltazar, A.M., Conopio, K., Hopkins, G., & McBride, D.C. (2015). Frequent family dinners protect our children. In W. Oliver & E. Oliver (Eds), *Building Family Memories* (pp. 52-54). Hagerstown, MD: Review and Herald Publishing Association.

Peer-Reviewed Presentations

- McBride, D.C., Trecartin, S., Bailey, K., Shiu, Z., Baltazar, A.M. (2024, October). *Correlates of legalism/perfectionism in a global sample of Seventh-day Adventists*. Presented at the Religious Research Association Annual Meeting. Pittsburg, PA.
- Baltazar, A.M. & Smith, T. (2024, October). *Post-COVID stress and resilience on a Christian campus*. Presented at the North American Christian Social Work Conference. Dallas, TX.
- Baltazar, A.M., Cantillano, Y., & Smith, T. (2024, July). *Family communication patterns and the impact on youth's mental health*. Workshop presented at the Adventist Conference on Family Research and Practice. Berrien Springs, MI.
- Baltazar, A.M. (2024, May). *Health risk and protective factors in SDA young adults*. Presented at Adventist Human Subjects Researchers Association. Berrien Springs, MI.
- McBride, D.C., Baltazar, A.M., Bailey, K.G., Trecartin, S., & Shiu E. (2024, March). *Predictors of substance use, sex, and pornography abstinence in a Christian college population*. Presented at Michigan Academy of Science, Arts & Letters Annual Conference. Lawrence Technological University, Southfield, MI.

- Baltazar, A.M. & McBride, D.C. (2023, November). *Parental control and risky substance use in a Christian university population*. Poster presented at National Council of Family Relations Conference. Orlando, FL.
- Baltazar, A.M. (2023, July). *The role parents play in preventing and treating self-harm/suicidality in teens and young adults*. Workshop presented at Adventist Conference on Family Research and Practice. Berrien Springs, MI.
- Baltazar, A.M. & Baltazar, J.G. (2023, May). *Video game effect: Good or bad?* Presented at Adventist Human Subjects Researchers Association. Nairobi, Kenya.
- Davis, S., Baltazar, A. and McBride, D.C. (2023, March). *Differences in gender response to Adverse Childhood Experiences*. Michigan Academy of Science, Arts & Letters Annual Conference. Andrews University, Berrien Springs, MI.
- McBride, D.C., Baltazar, A.M., Trimm, D., Trecartin, S.M., and Bailey, K.G.D. (2022, November). *Correlates of legalism in a global sample of Seventh-day Adventists*. Society for the Scientific Study of Religion Annual Meeting. Baltimore, MD.
- Baltazar, A.M. & Bailey, K.G. (2022, July). How to help your child really love Jesus. Workshop presented at the Adventist Conference on Family Research & Practice on-line.
- Bailey, K.G., Tan, M., Baltazar, A.M., McBride, D.C. (2022, March) To train up a child: Family religious environment and religiosity in a global sample. Presented as a workshop at the Michigan Academy of Science, Arts and Letters.
- Baltazar, A.M. & Sedlacek, D. (2021, July). Unique stressors and coping strategies of female pastoral couples. Workshop presented at the Adventist Conference on Family Research and Practice on-line.
- Baltazar, A.M. & McBride, D.C. (2021, May). The role that parental control plays in alcohol and marijuana use in Adventist college students. Workshop presented at the Human Subjects Researchers Association Conference on-line.
- McBride, A.M., Hopkins G., Baltazar, A.M., VanderWaal, C., Bailey, K., & Eccles, S. (2021, March). Trends in substance use in a prohibitionist University compared to general college populations. Plenary presentation, Michigan Academy of Sciences, Arts and Letters on-line.
- McBride, M.C., Hopkins, G., Baltazar, A.M. VanderWaal, C., & Bailey, K. (2021, March). The relationship between adverse childhood experiences and lifetime substance use. Presented at the Michigan Academy of Science, Arts and Letters.
- Chen, M., VanerWaal, D., & Baltazar, A.M. (2021, March). Substance use and sexual harassment among sexual minority students at a Christian university. Presented at the Michigan Academy of Science, Arts and Letters.
- Baltazar, A.M., Davis, D., & McBride, D.C. (2019, July). *Church activities for the family and satisfaction with the church*. Workshop presented at Adventist Conference for Family Research and Practice. Berrien Springs, MI.

- Baltazar, A.M. (2019, July). *The influence of spirituality on health choices in young people*. Plenary presented at Your Brain, Your Body Third Global Conference on Health and Lifestyle. Loma Linda, CA.
- Baltazar, A.M., Ponce-Rodas, M., Williams, N., & Nicely, S. (2019, May). *Understanding college student mental health: Stress, depression, stigma and religiosity*. Poster presented at Adventist Human Subjects Researchers Conference. Huntsville, AL.
- Furst, T.L. McBride, D.C., VanderWaal, C., & Baltazar, A.M. (2019, May). *Sexual orientation and mental health*. Poster presented at Adventist Human Subjects Researchers Conference. Huntsville, AL.
- Bailey, K.G., Hodges, D.B., Atkins, C.D., Caceres, P.S., Iller, E., Baltazar, A.M. & McBride, D.C. (2019, April). *Validation of a retrospective parental environment questionnaire in emerging adults*. Workshop presented at Midwestern Psychological Association Annual Meeting. Chicago, IL.
- Bailey, K.G., Hodges, D.B., Atkins, C.D., Caceres, P.S., Iller, E., Baltazar, A.M. & McBride, D.C. (2019, March). *Correlates of retrospective parental environment perceptions in emerging adults*. Workshop presented at Michigan Academy of Science, Arts & Letters Annual Conference. Alma College, Alma, MI.
- Furst, T., VanderWaal, C., Baltazar, A.M., & McBride, D.C. (2019, March). *Sexual orientation, mental health and ethnicity in a church affiliated university*. Workshop presented at Michigan Academy of Science, Arts & Letters Annual Conference. Alma College, Alma, MI.
- Baltazar, A.M., Drumm, R. & McBride, D.C. (2018, November). *Global family life education through the radio: A mixed method evaluation of Christian world radio family life programming*. Poster presented at National Council of Family Relations Annual Conference. San Diego, CA.
- Baltazar, A.M., McBride, D.C., Burnett, H., & Ponce-Rodas, M (2018, July). *Intimate partner verbal abuse and alcohol use*. Workshop presented at Adventist Conference on Family Research and Practice, Andrews University, Berrien Springs, MI.
- Baltazar, A.M. (2018, May). *Role of religiosity in alcohol consumption among Christian college students: A mixed method approach*. Workshop presented at Adventist Human-Subject Researchers Association Annual Conference. Andrews University, Berrien Springs, MI.
- Sedlacek, D., McBride, D.C., Drumm, R., & Baltazar, A.M. (2018, May). *Data makes a difference (Sometimes!)*. Workshop presented at Adventist Human-Subject Researcher Association Annual Conference. Andrews University, Berrien Springs, MI.
- Wynne, L., Cruz, K. Huerta, R., & Baltazar, A.M. (2018, May) *Emphasizing multi-faceted self-care of Puerto Rican communities post-Hurricane Maria*. Workshop presented at Adventist Human-Subject Researchers Association Annual Conference. Andrews University, Berrien Springs, MI.

- Wynne, L. & Baltazar, A.M. (2018, May). *Emphasizing multi-faceted self-care to Puerto Rican communities post-Hurricane Maria*. Workshop presented at Andrews Research Conference: Social Sciences. Andrews University, Berrien Springs, MI.
- Baltazar, A.M. (2018, May). *Religiosity's relationship with weekly and binge alcohol consumption attending an alcohol abstinent Christian university: A mixed method approach*. Workshop presented at Presented at Adventist Human Subjects Researchers Association. Andrews University, Berrien Springs, MI.
- Baltazar, A.M. & McBride, D.C. (2018, March). *Intimate partner verbal abuse and alcohol use*. Workshop presented at Michigan Academy of Science Arts & Letters Annual Conference. Central Michigan University, Mount Pleasant, MI.
- Baltazar, A.M., Cincala, P. McBride, D., Cooper, K., Drumm, R., Vernon-Brebnor, D., & VanderWaal, C. (2017, July). *Family life education through the radio: A mixed method evaluation of Adventist World Radio family life programming*. Workshop presented at Adventist Conference on Family Research and Practice, Berrien Springs, MI.
- Baltazar, A.M. & Howell, M. (2016, November). *Faith-based dual degree MSW programs: strengthening two worlds*. Workshop presented at Council of Social Work Education, Atlanta GA.
- Drumm R., Sedlacek, D., Baltazar, A.M., & McBride, D.C. (2016, February). *My life has been just like a big expectation: Perceptions of role expectations among adult children of Seventh-day Adventist pastors*. Workshop presented at 28th Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.
- Baltazar, A.M. (2016, May). *Alcohol and sex: The role that faith internalization plays in Seventh-day Adventist college students*. Workshop presented at Adventist Human Subject Researchers Conference, Huntsville, AL.
- Baltazar, A.M., Florveus, L., & Raj, M. (2016, July). *Association between parental supervision and teen texting while driving*. Workshop presented at Adventist Conference on Family Research and Practice, Berrien Springs, MI.
- Baltazar, A.M., Howell, M., & VanderWaal, C. (2016, November). *Faith-Based dual degree MSW Programs: Strengthening two worlds*. Workshop presented at Council on Social Work Education Conference, Atlanta, GA.
- Baltazar, A.M. & Drumm, R.D. (2015, November). *Life in the fishbowl: Impact of role pressure on the clergy family*. Poster presented at the North American Association of Christians in Social Work, Grand Rapids, MI.
- Baltazar, A.M. & Drumm, R.D. (2015, July). *I'm an inferior specimen of a PK: Examining the aftermath of pressure put on pastor's children*. Workshop presented at the Adventist Conference on Family Research & Practice, Berrien Springs, MI.
- Baltazar, A.M., McBride, D.C., Griffiths, K., & Ames, B. (2015, March). *Multisystem influence on alcohol use among Christian college students: A grounded theory approach*. Workshop presented at the Michigan Academy of Science, Arts, and Letters Conference, Berrien Springs, MI.

- Sedlacek, D.A., Drumm, R.D., Baltazar, A.M., & Oliver, E. (2015, March). *Spiritual challenges in pastoral families: Qualitative results*. Workshop presented at the Michigan Academy of Science, Arts and Letters Conference, Berrien Springs, MI.
- Drumm, R., Sedlacek, D., McBride, D., Hopkins, G. & Baltazar, A.M. (2015, October). *Clergy families at risk: How pastoral families demonstrate stress and coping*. Workshop Presented at 14th Annual Hawaii International Conference on Social Sciences, Honolulu, HI.
- Drumm, R., Sedlacek, D., Baltazar, AM., & McBride, D.C. (2015, November). *I am an inferior PK: Effects of congregants' expectation on clergy children*. Workshop presented at North American Association of Christian in Social Work, 65th annual convention. Amway Grand Plaza, Grand Rapids.
- McBride, D.C., Hopkins, G.L., Baltazar, A.M., & VanderWaal, C.J. (2015, November). *Acceptance of health emphasis in doctrines of the Seventh-day Adventist Church and alcohol abuse/use in a population of young adult church members*. Workshop presented at American Public Health Association Annual Meeting, Chicago, IL.
- VanderWaal, C.J., Hopkins, G., Wynne, L., Baltazar, A.M., & McBride D.C. (2015, November). *Relationship between teacher support and school bullying among elementary and middle school girls*. Workshop presented at American Public Health Association Annual Meeting, Chicago, IL.
- Baltazar, A.M., McBride, D., Ames, B., & Martell, D. (2014, November). *Influence of parents and religiosity on alcohol use in a population of Christian college students attending a prohibitionist university: A mixed method approach*. Workshop presented at National Council on Family Relations, Baltimore, MD.
- Baltazar, A.M. (2014, November). *Why religion helps and harms: Paradox and power at the nexus of faith and family life*. Workshop presented at National Council on Family Relations TCRM pre-conference, Baltimore, MD.
- Baltazar, A.M., Sedlacek, D., Thompson, W., & Drumm, R. (2014, January). *I'm an inferior specimen of a PK: Examining the aftermath of stereotyping among pastor's children*. Workshop presented at Association of Adventist Family Life Professionals Research Forum, Monterrey, CA.
- McBride, D.C., Hopkins, G.L., Baltazar, A.M., VanderWaal, C., & Conopio, K. (2013, November). *Family dinners and substance use and sexual activity in a prohibitionist university population*. Poster presented at American Public Health Association, Boston, MA.
- McBride, D.C., Hopkins, G., Chelbegean, R., & Baltazar, A.M. (2012, November). *Family dinners, victimization, and suicidal ideation*. Workshop presented at The American Society of Criminology, Chicago, IL.
- McBride, D.C. & Baltazar, A.M. (2012, November). *My body is God's temple: Self-identified reasons for not engaging in risk behaviors among Adventist young adults*. Workshop presented at Towards New Horizons in Adventist Research: The First Conference of SDA Human-Subjects Researchers, Berrien Springs, MI.

- Baltazar, A.M., McBride, D.C., Hopkins, G., VanderWaal, C., & Pepper, S. (2013, September). *Parental influence on college student health risk behavior*. Poster presented at National Christian Counseling conference, Branson, MO.
- Baltazar, A.M., Johnson, B., McBride, D.C., Hopkins, G., Pepper, S., & VanderWaal, C. (2011, November). *An examination of parent child relationships and teen substance use*. Poster presented at National Council on Family Relations, Orlando, FL.
- Baltazar, A.M., McBride, D.C., Hopkins, G., Pepper, S., & VanderWaal, C. (2010, April). *Parental influence on inhalant use*. Workshop presented at National Association of Social Workers Michigan Conference, Dearborn, MI.
- Baltazar, A.M. & McBride, D.C., & Helm, H. (2008, July). *Pornography use in the context of religiosity*. Round table presented at American Sociological Association, Boston, MA.
- Drumm, R.D., McBride, D.C., & Baltazar, A.M. (2001, May). *Protective effects of religion: Drug use, HIV risk, and violence*. Workshop presented at National Association of Social Workers Michigan Conference, Mackinac Island, Michigan.

Faith-based & Community Presentations

- Baltazar, A.M. (2023, April). *Gaming, social media, sexting*. Power to Heal: North American Division Health Summit, Lexington, KY.
- Baltazar, A.M. (2023, April). *Porn isn't harmless*. Power to Heal: North American Division Health Summit, Lexington, KY, April 2-8, 2023.
- Baltazar, A.M. (2023, April). *Suicide and self-harm*. Power to Heal: North American Division Health Summit, Lexington, KY.
- Hopkins, G. & Baltazar, A.M. (2023, April). *Trends in vaping*. Power to Heal: North American Division Health Summit, Lexington, KY.
- Baltazar, A.M. & McBride, D.C. (2023, April). *Addiction hot topics: Opportunities for the Church in Prevention*. Power to Heal: North American Division Health Summit, Lexington, KY.
- Baltazar, A.M. & McBride, D.C. (2023, April). *Historical perspectives and current efforts on addictions*. Power to Heal: North American Division Health Summit. Lexington, KY.
- Landless, P.C., McBride, D.C., and Baltazar, A.M. (2023, March). *The Heart of the matter. ELIA Wellness Summit*. Sydney Adventist Hospital, Wahroonga, NSW, Australia.
- Baltazar, A.M. (2022, September). *Mental illness and addiction prevention, identification, and response*. Faculty/Staff Colloquium, Asian-Pacific International University.
- Baltazar, A.M. (2022, August). *Identifying the need for life coaching/mentoring: Mental health issues, addiction, and crisis intervention on campus*. Keynote presentation at Asian Pacific International University *Fostering Compassion and Support to Achieve Full Potential* colloquium on-line.

- McBride, D.C., Bailey, K.G.D., Landless, P., Baltazar, A.M., Trim, D. & Stele, G. (2022, June). *Religious belief/involvement and recent alcohol use/binge drinking in a prohibitionist university*. Virtual Exhibition. General Conference Session, St. Louis, MO.
- Baltazar, A.M., Garcia, C., & Slikkers, I.W., (2020, April). Strategies for ourselves & our students. In E. Sullivan & C. Nielsen (Chairs), How teachers can conquer emotional challenges during COVID-19 and beyond. [a trauma-informed, Biblically-grounded webinar is a partnership between Andrews University International Center for Trauma Education & Care, North American Division Department of Education, and the Adventist Learning Community is designed to help educators meet the needs of their students during and post COVID-19 while supporting their own emotional well-being] NAD Department of Education COVID-19 Webinar Series, <https://aecovid.com/resources/webinar-recap-for-how-teachers-can-conquer-emotional-challenges-during-covid-19-and-beyond>.
- Baltazar, A.M. & Pratt, L. (2020, March). *Parenting adolescents in today's world*. Workshop at Family Discipleship Conference, Berrien Springs, MI.
- Baltazar, A.M. & McBride, D.C. (2019, May). *Religion's Impact on the Mental Health of Seventh-day Adventist College Students*. Workshop presented at the 180 Symposium. Berrien Springs, MI.
- Baltazar, A.M. (2019, April). *Living up to Adventist standards: The role religiosity plays in wellness behaviors of Adventist college students*. Workshop presented at Nurture and Retention Summit. Silver Spring, MD.
- Baltazar, A.M. (2019, January). *Building resilience, Recognizing the signs of mental health problems, Emotional intelligence, Forgiveness, charity, & gratitude for healing, and Suicide & suicide prevention*. Stress Management and Mental Health Section, Workshops presented at North American Division Health Summit. Albuquerque, NM.
- McBride, D.C. & Baltazar, A.M. (2019, January). *Prevention: Role of family and community, and Prevention: Role of faith*. Journey to Wholeness Facilitator Training Section, Workshop presented at North American Division Health Summit. Albuquerque, NM.
- Baltazar, A.M. (2019, January). *Codependence, Adverse childhood experiences, and Role of medication for recovery*. Journey to Wholeness Facilitator Training Section, Workshop presented at North American Division Health Summit. Albuquerque, NM
- Ponce-Rodas, M., Cooper, K., Baltazar, A.M., & Cincala, P. (2018, May). Panel Discussion: *Professional development for early career researchers*. Workshop presented at Andrews Research Conference: Social Sciences. Andrews University, Berrien Springs, MI.
- Baltazar, A.M. (2018, May). *Assessing the family with person in environment in mind and building on family's strengths*. CEU presented for child welfare staff of state of

Michigan Department of Health and Human Services, Andrews University, Berrien Springs, MI.

- Baltazar, A.M. (2016, January). *Family's role in prevention*. Workshop presented at Emotional Wellness Summit, Orlando, FL.
- Baltazar, A.M, McBride, D.C., Hopkins, G., & VanderWaal, C. (2016, January). *Building resilience to prevent substance abuse*. Workshop presented at North American Division Emotional Wellness Summit 2016, Orlando, FL.
- Baltazar, A.M. (2014, July). *Family as prevention*. Workshop presented at Global Conference on Health & Lifestyle, Geneva, Switzerland.
- McBride, D.C., Baltazar, A.M., & Wilkins, R. (2014, June). *Building resilience among Adventist youth*. Workshop presented at the Seventh-day Adventist Deans Conference at Andrews University, Berrien Springs, MI.
- McBride, D.C., Hopkins, G., & Baltazar, A.M. (2014, February). *Resilience: The crucial ingredient for the prevention of and recovery from health risk behaviors*. Workshop presented at North American Health Summit, Orlando, FL.
- McBride, D.C., Hopkins, G., VanderWaal, C., & Baltazar, A. (2014, January). *Faith and the church in substance abuse prevention*. Workshop presented at North American Division Health Summit, Orlando, FL.
- Baltazar, A.M. (2013, November). *Perceptions of health behaviors by Seventh day Adventist undergraduate students*. Workshop presented at Summit on Nurture and Retention, Discipling, Retaining and Reclaiming, General Conference Headquarters, Silver Spring, MD.

Clinical Experience

2015-present Life Coach Psychology Berrien Springs, MI

Contract Psychotherapist

- Provide individual, couple, and family therapy for adult, teenage, and child clients of the practice.
- Specialize in adults, teenagers, and children dealing with ADHD, bipolar, depression, anxiety, adjustment disorders, personality disorders, weight management issues, grief issues, abuse issues, PTSD, and insomnia.

2004-2015 Psychiatric and Psychological Services St. Joseph, MI

Contract Psychotherapist

- Provided individual, marital, and family therapy for adult, teenage, and child clients of the practice.
- Developed and conducted group therapy for women with depression, a group on coping, and two groups on emotional skill building.

- Gave presentations on depression and stress management free to the community.

2001-2013 Lakeland Psychiatric Services St. Joseph, MI

Psychiatric Social Worker – on call

- Conducted group therapy with adult inpatient psychiatric patients.
- Arranged for safe discharges.
- Conducted psychosocial assessments in a timely manner.
- Provided supervision to a staff member applying for social worker licensure.
- Worked with insurance companies to get approval for hospital stay.

2005-2010 Secure Counseling Benton Harbor, MI

Contract Psychotherapist

- Provided counseling to court and school referred teenagers and domestic violence perpetrators.
- Provided counseling to Child Protective Services referred families.
- Wrote reports of Domestic Violence Inventory results for court referred domestic violence perpetrators.
- Provided supervision for a social work staff member for licensure.

2005-2006 Polly's Place (faith-based domestic violence shelter) Niles, MI

Executive Director

- Developed a program for the children who came from abusive homes who were staying at Polly's Place.
- Wrote grants and arranged for three fund raisers that raised a total of about \$7,000.
- Case managed clients who were escaping domestic violence situations and linked them with appropriate community resources.
- Educated community and church leaders on the topic of domestic violence.
- Supervised two employees, bachelor and master social work interns, and an MSA intern.

1996-2001 Lakeland Homecare Niles, MI

Medical Social Worker

- Short-term counseling – average of 50% reduction of depression at discharge.
- Long-term care planning including adult foster care and nursing home placement.
- Linked patients with appropriate community resources.
- Gave in-services on grief and advance directives.

- Provided field supervision of two bachelor level social work interns.

Honors Member of Phi Kappa Phi, Psi Chi, Phi Alpha, and Sigma Xi National Honor Societies

Awards Employee of the Month June 2002 and August 2004 at Lakeland Psychiatric Services

Youngberg Family Life Professional Award 2015

The Arthur and Maude Spalding Medallion was awarded to Alina Baltazar at the Adventist Conference on Family Research and Practice on July 20, 2024, in recognition of her years of involvement in Family Ministries.

Certification Certified Family Life Educator

Member of Academy of Certified Social Workers

Certified Clinical Trauma Professional – Individual and Family

Licensure Licensed Clinical and Macro Social Worker in the state of Michigan I.D. No. 6801070820