

# JENNIFER HILLMAN, LMFT #52645

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## OBJECTIVE

To provide excellent therapeutic care for clients and authentic professional development for pre-licensed mental health clinicians.

## AREAS OF FOCUS

Adults, Transitional Aged Adults, Teens, and Children  
Individuals and Families  
Parent coaching support  
Psychoeducation parenting groups  
Autism, level one  
ADHD  
Anxiety  
Social Anxiety  
Depression  
Sensory sensitivities  
Walking through the diagnostic process  
Assisting clients in finding adjunct treatment support (examples of, but not limited to psychological evaluations, speech therapy, occupational therapy, medication for mental/behavioral health concerns, etc.)  
Helping parents navigate the 504/IEP process in the school system  
Personality Disorders  
Phase of life challenges  
Gender identity/exploration/expression  
Transgendered teens  
Substance use disorders  
Family life cycle stage transitions

## EXPERIENCE

### **CLINICAL SUPERVISOR**

#### **WAVE THERAPY, SAN DIEGO**

JULY 2023 TO PRESENT

- Provide weekly individual and group supervision
- Clinically supervise up to six Associate MFTs/ Associate of Social Work pre-licensed individuals
- Review assessments, intakes, treatment plans and charting
- Teach applicable clinical skills

### **ADJUNCT PROFESSOR, BACHELOR OF ARTS, DEPARTMENT OF CHILD DEVELOPMENT**

#### **POINT LOMA NAZARENE UNIVERSITY, SAN DIEGO**

MAY 2023 TO PRESENT

- Teach undergraduate courses
  - Adolescent Development
  - Parent Education and Family Development
- Oversee student participation in online classroom
- Create and deliver course material via brief recorded lecture videos
- Use Canvas and Workday platforms

### **ADJUNCT PROFESSOR, MASTERS OF CLINICAL COUNSELING PROGRAM**

#### **POINT LOMA NAZARENE UNIVERSITY, SAN DIEGO**

MAY 2022 TO PRESENT

- Teach graduate courses
  - MFT Theories
  - Counseling and Faith Integration
  - Substance Use Disorder
  - Child and Adolescent Development
- Develop instructional activities to meet educational objectives
- Maintain positive communication with students
- Create and deliver course material via weekly and biweekly lectures
- Use Canvas and Workday platforms

**CLINICAL PROGRAM MANAGER, HEALTHPUPIL PROGRAM  
CHILDREN'S HEALTHCARE MEDICAL ASSOCIATES, SAN DIEGO**

MAY 2020 TO DEC 2022

- Conduct multi-session intakes for new patients
- Assess, diagnose, and develop treatment plans for all patients on caseload
- Maintain patient files
- Create "warm hand-offs" with patients to adjunct treatment services as needed (speech therapy, occupational therapy, psychological testing)
- Maintain communication between behavioral health staff and medical staff
- Lead various team meetings
- Work with medical director to develop programming for behavioral health
- Collaborate with multiple subject matter experts for case conferencing
- Maintain data for grant reporting

**OWNER, CEO, LICENSED MARRIAGE AND FAMILY THERAPIST  
KADENCA FAMILY THERAPY, SAN DIEGO**

JAN 2018 TO PRESENT

- Conduct intake interviews for all new clients
- Meet with individuals, couples, and families to provide therapy
- Conduct parent coaching calls
- Teach various seminars to local preschools and preschool directors association
- Manage client files
- Provide relevant diagnosis and treatment planning

## **EDUCATION**

### **MA IN MARITAL AND FAMILY THERAPY**

#### **BETHEL SEMINARY SAN DIEGO**

SAN DIEGO, CA AUGUST 2004- MAY 2007

Graduated Cum Laude

### **BA IN SECONDARY EDUCATION, ENGLISH**

#### **BARTLESVILLE WESLEYAN COLLEGE**

BARTLESVILLE, OK AUGUST 1996- MAY 2000

Graduated Summa Cum Laude

## **PROFESSIONAL MEMBERSHIPS**

- CAMFT, licensed member
- MFC#52645

## **TRAINING**

- Attachment Based Intervention Specialist (Level 1)
- “International Association of Trauma Professionals” certified Trauma Professional
- Stepping Stones to Recovery: A Case Manager’s Training Curriculum for Assisting Adults who are Homeless with Social Security Disability and Supplemental Security Income Applications (14 hour training)
- Two day Intensive Certificate Training: Dialectical Behavioral Therapy from Pesi Seminars, 2018
- Two-day Intensive Certificate Training: Neuroscience and Self-Regulation Techniques for Kids with Autism, ADHD, and Sensory Disorders from Pesi Seminars, 2019

## **REFERENCES**

**AVAILABLE UPON REQUEST**