

DR. MATTHEW BISHOP, LICENSED MARRIAGE & FAMILY THERAPIST

<p>EDUCATION</p>	<p>SAN DIEGO STATE UNIVERSITY, MAY 2011 Bachelor of Arts in Psychology</p> <p>NATIONAL UNIVERSITY, MAY 2014 Master of Arts in Counseling Psychology, Marriage & Family Therapy</p> <p>GRAND CANYON UNIVERSITY, JANUARY 2022 Doctor of Education in Leadership with an Emphasis in Behavioral Health</p>
<p>WORK HISTORY</p>	<p>ADJUNCT FACULTY, CLINICAL COUNSELING POINT LOMA NAZARENE UNIVERSITY AUGUST 2022 - CURRENT</p> <ul style="list-style-type: none"> ● Create classroom experiential activities for students to integrate theoretical concepts into practical realities. ● Instructed courses in Research Methods, Human Development, and Psychotherapeutic Theory ● Prepared and present lectures ● Facilitate classroom discussion <p>LICENSED MARRIAGE & FAMILY THERAPIST, PRIVATE PRACTICE SEPTEMBER 2016 - CURRENT</p> <ul style="list-style-type: none"> ● Provide individual, couples, and family psychotherapy to a diverse population of individuals within the San Diego region experiencing a wide variety of emotional and psychological distress as well as behavioral issues. ● Developed treatment plans and established therapeutic goals collaboratively with the patient, and periodically reviewed them with for progress. ● Directed workshops and oversaw long-term group therapy ● Facilitated staff trainings and presented mental health public speaking engagements for universities, religious institutions, community and non-profit organizations, and high schools. <p>ASSOCIATE DIRECTOR, SAN DIEGO RESCUE MISSION JULY 2015 – NOVEMBER 2016</p> <ul style="list-style-type: none"> ● Supervised and trained staff in areas such as agency policy, department procedures, and agency or government regulations. ● Managed floor of 32 inpatient clients providing recovery and rehabilitation services to homeless men and women. ● Provided individual psychotherapy at outpatient clinic to homeless or at-risk homeless clients with presenting issues including drug and alcohol addiction, mental illness, familial stressors, and Post-Traumatic Stress Disorder and more. ● Taught weekly <i>seeking safety</i> workshops to community members <p>CLINICAL INTERN, NORTH COUNTY LIFELINE SEPTEMBER 2013 – JUNE 2014</p> <ul style="list-style-type: none"> ● Provided individual, family and group counseling to adolescent clients ages 12-18 and their families identified as at-risk for drug use, gang-violence, mood disorders, anxiety, trauma and more. ● Co-facilitated weekly psycho-educational groups on topics such as anger management, decision making, ATOD (alcohol, tobacco, and other drugs). ● Co-facilitated weekly psycho-educational groups on topics such as anger management, parenting, and domestic violence. ● Provided individual psychotherapy to adolescent children of identified survivor of human trafficking.

	<ul style="list-style-type: none"> • Co-Facilitated group entitled “Empowering Young Men” at Juvenile Court and Community School for adolescents identified as being a part of an at-risk population for contributing toward human trafficking.
<p>CLINICAL TRAININGS</p>	<p>EMOTIONAL FOCUSED THERAPY</p> <p>Externship</p> <p>Core Skills Training Level 1</p> <p>Core Skills Training Level 2</p> <p>EMDR</p> <p>Level 1 Training</p> <p>Level 2 Training</p> <p>INTERNAL FAMILY SYSTEMS</p> <p>Level 1 Training</p> <p>Ongoing Consultation</p>