

Andrea “Andee” Woolf, LMFT, AAMFT Approved Supervisor

619-997-9996 * andeewoolf@familytreatment.org

Education:

- 2001-2004 Bethel Seminary, San Diego
Graduated Summa Cum Laude with M.A. in Marital and Family Therapy
- 1995-1999 Point Loma Nazarene University
Graduated Magna Cum Laude with B.A. in Community Psychology

Employment:

- 2023-present Lead Online Clinical Training Coordinator at Alliant International University, Online CFT Program
Oversee all online practicum students for the Couples and Family Therapy program. Help students with site placement, necessary paperwork and with completion of their practicum experience. Handle all administrative related work for practicum placement, COAMFTE requirements related to practicum and BBS requirements. Oversee additional Clinical Trainings Coordinators who work with online students. Maintain and create trainings, practicum guidelines, sites lists and various documentation. Work with Out of State students to meet their own state requirements for practicum.
- 2023-present Practicum Professor at Alliant International University, Online CFT Program
- 2019-present Private Practice Therapist, San Diego
Provide therapy to adolescents, families and adult individuals focusing on mood disorders, trauma, and life transitions. Modalities include Solution Focused Therapy and Narrative. Specialized focus on life stories involving foster and adoption.
- 2018-current Adjunct Professor and Course Developer at Point Loma Nazarene Graduate Program, San Diego
Teach courses in Group Therapy, Therapy with Older Adults and Practicum I, II and III for MFT and PCC graduate students. Provide course development including writing of curriculum, designing of lectures and in-class engagement, writing exams and transitioning classes to online format.
- 2019-2023 Adjunct Professor and Course Designer at San Diego City College, San Diego
Teach courses on Community Psychology and Death & Dying to students obtaining their AA or their certificate in Mental Health. Provide course development including writing of curriculum, designing of lectures, online engagement, writing of exams and transitioning classes to online format.
- 2018-2021 Clinical Training Coordinator at Bethel Seminary, San Diego
Oversee all practicum students for both PCC and MFT programs. Help students with site placement, necessary paperwork and with completion of their practicum experience. Handle all administrative related work for practicum placement, COAMFTE requirements related to practicum and BBS requirements.
- 2014-2021 Practicum Professor at Bethel Seminary, San Diego

Teach trainees for both MFT and PCC programs. Supervise learning and growth of new therapists at their practicum sites through dialogue, video recordings and weekly assignments. Design curriculum for weekly 4-hour class times, grade and provide feedback for both written and oral assignments. Complete evaluations for trainees and review evaluations from their practicum sites.

Professor for Child and Adolescent Therapy in a Family Context. Class focuses on practical interventions for child, adolescent and family therapy. Looks at therapy from an EFT, Attachment and Systems perspective.

- 2018-2020 Consultant for Mental Health Systems School-Based Program
Provide clinical supervision to trainees, teach therapeutic concepts to trainees, design curriculum for group supervision, complete evaluations for trainees for their graduate school programs
- 2005-2018 Mental Health Systems School-Based Program. San Diego
Provide clinical supervision to trainees, teach therapeutic concepts to trainees and staff, provide therapeutic services to school-aged youth and their families. Design curriculum for group supervision and staff trainings. Oversee completion of required county documentation for Medi-Cal program. Complete evaluations for trainees for their graduate school programs.
2010-2018 Clinical Supervisor
2005-2010 Program Therapist
- 2003-2005 Mental Health Systems STEPS Day Treatment Children’s Program, San Diego
(Unpaid clinical position as a trainee and then intern)
Taught elementary age children in a therapeutic setting who had experienced sexual trauma. Provided both individual and group therapy. Designed curriculum for program staff to use in both individual and group settings.
- 1998-2004 San Diego Unified School District Resource Aide
Provided in classroom support for students as well as graded assignments and papers for school staff.
2000-2004 Marshall Middle School, Special Education Department
1998-2000 Serra High School, Science Department

Memberships:

- 2016-current AAMFT Approved Supervisor
2015-current AAMFT Clinical Fellow
2001-current CAMFT Member
1997-current Member of Phi Delta Kappa National Honors Society

Other Trainings Developed:

- Creating Resiliency in the Classroom
- Treating Anxiety in Childhood
- Treating Trauma in the Classroom
- Quick Tips for Cognitive Behavioral Therapy
- Quick Tips for Dialectical Behavioral Therapy

- Quick Tips for Solution Focused Brief Therapy
- Building Rapport with School-Aged clients
- Self-Reflection and Personal Growth as a Therapist
- Play Therapy Techniques
- Hands-on Therapy Techniques with School-Aged Population
- Addressing Trauma Narratives with Children
- Solution-Focused Theory and the School-Aged Population
- Creative Approaches to ADHD
- Treating ADHD in School-Aged Children

Additional Areas of Focus:

Extensive training in Solution-Focused Brief Therapy (SFBT) and Cognitive-Behavioral Therapy (CBT)

Extensive trainings in foster and adoptive youth, parenting strategies and adjustment disorders

Supervision through a systemic and SFBT lens

Therapy with immigrant students and their families, low SES and marginalized populations

Individual and family therapy with school-aged youth (ages 5-21).

Systemic treatment involving families, schools, social services, religious supports and other involved parties

Case management services to students and families to provide additional supportive services