

Sarah Mayer, PA-C

Physician Assistant & Educator

SUMMARY

I've been a physician assistant for 18 years, with experience in ENT, family practice and urgent care. For the last decade I have focused on global health and education through the founding and directing of a community medical NGO in Mexico. I'm passionate about education and breaking down barriers to quality healthcare.

SKILLS

- Patient centered care and advocacy
- Diagnostics and treatment plan development
- Team leadership and clinic management
- Training: rural/global healthcare
- Cross-cultural communication
- Teaching: elementary to college level
- Curriculum development for missions teams
- Math & sciences expertise
- Spanish fluency
- Volunteer management
- Ministry leadership

PROFESSIONAL EXPERIENCE

Executive Director & Co-Founder, Siloé Ministries - San Diego, CA & La Misión, Baja California México

July 2008 - Present

- Founded and direct a thriving health-based 501(c)3 organization that provides no-cost medical and dental care to an underserved community in Baja California, Mexico
- Provide daily leadership and mentorship to eight full-time staff and volunteers
- Precept medical, PA and nursing students during clinicals
- Host visiting volunteer groups, regularly providing seminars on practicing responsible medical missions
- Present mission to church and civic groups

Medical Director & Physician Assistant, Siloé Clinic

July 2008 - Present

- Serve as the organization's chief medical officer
- Supervise two full-time Mexican MDs, and volunteer specialists of varying medicine disciplines
- In partnership with supervising physician, consult with patients in family medicine clinic

Physician Assistant, SAC Health System - San Bernardino, CA

June 2006 - April 2008

- Delivered quality patient care in FQHC/ bilingual clinic
- Performed assessments, intake interviews and patient history and education in Spanish and English in underserved community
- Performed physical examinations, clinical diagnostics and assessments developing treatment plans and medication recommendations

Physician Assistant, Premier ENT - Redlands, CA

Oct 2005 - March 2006

- Served as sole PA in ENT practice
- Patient assessment, clinical diagnostics, pre-op and post op visits, surgical first assist

High School Math Teacher, Anacapa School - Santa Barbara, CA

Aug 2000 - June 2003

- Taught all high school math classes for small private school
- Tutored students in Spanish, Biology, Chemistry and Math

Elementary Spanish Teacher, Montessori Center School - Goleta, CA

Aug 1999 - June 2000

- Taught all primary and elementary Spanish classes for new language pilot program

VOLUNTEER EXPERIENCE

Medical Missions, Siloé Ministries, Baja California, Mexico

2008- Current

- Joined medical missions outreaches in Tijuana, Ensenada, and many other communities
- Led and trained missionary volunteers on short-term missions trips to Baja, precepted medical students
- Provided translation for medical missions teams and specialists (medical and dental) from U.S. and Canada

SIMS (Students International Missions), Loma Linda University

2015 - 2021

- Physician Assistant
- Student Preceptor - advised and lectured students during international missions trips. Teach annual course, "Cross-cultural Communication in Medical Missions"
- Student preceptor to PA, medical and nursing students in Mexico and Argentina

Prescribing Hope, Jacume, Mexico

September 2017 - August 2019

- Physician Assistant
- Preceptor to PA, medical, pharmacy and nursing students at rural clinic in Baja California

Door of Faith Orphanage, Baja California, Mexico

April 2008 - January 2010

- Assisted children with improving daily living tasks, led classes for dorm parents on first aid, health and hygiene

EDUCATION

Loma Linda University

Master of Science in Physician Assistant Studies 2003-2005

Loma Linda University, Loma Linda CA

GPA: 3.97

Class President

Thesis Project - *Students' Knowledge Regarding the Dynamics of HPV at Secular and Christian Colleges*

UC Santa Barbara

Bachelor of Science, Biology 2000

Bachelor of Arts, Spanish 1997

GPA: 4.0

Summa Cum Laude

Biological Sciences Commencement Ceremony Speaker

Neuroscience Research Undergraduate

Teaching Assistant Developmental Biology

LICENSURE AND CERTIFICATION

- Physician Assistant- Certified. NCCPA Certified
- California Current License PA18205
- BLS Certified

AWARDS/RECOGNITIONS

- PAs for Global Health Scholarship Winner (for International Service to Argentina) 2019
- PAs for Global Health Scholarship Winner (for International Service in Mexico) 2009

SPEAKING INVITATIONS/PRESENTATIONS

- Universidad Adventista del Plata School of Medicine, Entre Ríos, Argentina, 2019
- GMMA (Global Medical Missions Alliance) Conference, Irvine, CA, June 2016
- PAs for Global Health Conference, San Diego, CA, October 2012
- Fellowship of Christian PAs, AAPA conference, San Diego, CA, 2009
- UCSB Commencement Speaker, Santa Barbara, CA 2000