

Ryan D. Nokes, PhD, ATC, CNC

EDUCATIONAL BACKGROUND

Doctor of Philosophy	Rocky Mountain University of Health Professions, Provo, UT Health Science, Athletic Training Concentration Conferred: August 2020 Dissertation: Professional Master's Athletic Training Students' Career Influences: A Convergent Mixed Methods Study
Master of Arts	San Jose State University, San Jose, CA Kinesiology, Athletic Training Concentration Conferred: May 2014 Capstone Project: Muscle EMG Activity in Vibram's FiveFinger Shoes
Bachelor of Arts	Point Loma Nazarene University, San Diego, CA Athletic Training Conferred: May 2012

TEACHING EXPERIENCE

Associate Professor, Kinesiology	Point Loma Nazarene University, San Diego, CA College of Health Sciences August 2022 - Present Primary teaching responsibilities include therapeutic modalities, functional movement interventions, and care and prevention of athletic injuries.
Clinical Education Coordinator, Athletic Training Program	Point Loma Nazarene University, San Diego, CA College of Health Sciences August 2017 - Present Oversee all aspects relating to clinical education in the Master's of Science in Athletic Training Program. Recruit new clinical sites and build partnerships with various healthcare facilities and professionals in the community. Assess and maintain all clinically related CAATE standards.
Part-Time Faculty, Kinesiology	Point Loma Nazarene University, San Diego, CA College of Health Sciences August 2019 - July 2022 Primary teaching responsibilities included gross anatomy, therapeutic exercise, functional movement interventions, therapeutic modalities, and care and prevention of athletic injuries.

**Adjunct Professor,
Kinesiology**

Point Loma Nazarene University, San Diego, CA
College of Health Sciences
August 2015 - July 2019

Primary teaching responsibilities included care and prevention of athletic injuries, and functional movement interventions.

**Clinical Preceptor,
Athletic Training**

Point Loma Nazarene University, San Diego, CA
College of Health Sciences
August 2014 - May 2018

Supervised athletic training students during clinical rotations, provided instruction and assessment of athletic training students' clinical skills, and facilitated the clinical integration of skills, knowledge, and evidence regarding the practice of athletic training.

San Jose State University, San Jose, CA
Department of Kinesiology
August 2013 - May 2014

Supervised athletic training students during clinical rotations, provided instruction and assessment of athletic training students' clinical skills, and facilitated the clinical integration of skills, knowledge, and evidence regarding the practice of athletic training.

**Teaching Associate,
Kinesiology**

San Jose State University, San Jose, CA
Department of Kinesiology
August 2012 - May 2014

Primary teaching responsibilities included care and prevention of athletic injuries lab, and orthopedic assessment and evaluation lab.

COURSES INSTRUCTED

Point Loma Nazarene University

Graduate Courses

KIN 6010	Evidence Based Practice & Decision Making in Kinesiology
KIN6035	Advance Practice in Movement Interventions & Corrective Exercise
KIN6075	Gross Anatomy Cadaveric Dissection
ATR6008	Research Project Seminar
ATR6010/L	Therapeutic Exercise Lecture & Lab
ATR6015/L	Therapeutic Modalities Lecture & Lab
ATR6090	Clinical Internship I
ATR6091	Clinical Internship II
ATR6092	Clinical Preceptorship
ATR6093	Clinical Practicum I
ATR6094	Clinical Practicum II

Point Loma Nazarene University

Undergraduate Courses

KIN2080	Care & Prevention of Athletic Injuries
KIN3075	Movement Interventions & Corrective Exercise
ATR2090	Clinical Internship I
ATR2091	Clinical Internship II
ATR3090	Clinical Practicum I

San Jose State University

Undergraduate Courses

KIN189	Prevention and Care of Athletic Injuries Lab
KIN191A	Assessment of Lower Extremity Lab
KIN191B	Assessment of Upper Extremity Lab
KIN197A	Practicum in Athletic Training II
KIN197B	Practicum in Athletic Training II

PEER-REVIEWED PUBLICATIONS

Nokes RD, Pitney WA, Nottingham S, Bowman TG. Professional master's athletic training students' career influences part II: career intentions. *Athl Train Educ J*. 2022.

Nokes RD, Pitney WA, Bowman TG, Nottingham S. Professional master's athletic training students' career influences part I: perceptions of athletic training. *Athl Train Educ J*. 2022.

Crowell KR, **Nokes RD**, Cosby NL. Weak hip strength increases dynamic knee valgus in single leg tasks. *J Sport Rehabil*. 2021.

GRANTS & FUNDING

Nokes RD. (2019) Professional master's athletic training students' career influences: a convergent mixed methods study. *Rocky Mountain University of Health Professions Student Research Support Fund*. **\$500 funded** (\$500 requested).

PROFESSIONAL PRESENTATIONS

Oral Presentations

Nokes RD. Professional master's athletic training students' career influences: a convergent mixed methods study. *National Athletic Trainer's Association Annual Meeting & Clinical Symposia: Free Communications Oral Presentations*. June 2021.

STUDENT RESEARCH

Graduate Student Thesis & Capstone Project Advisor

Cabico C. The effect of eccentric training on quadriceps strength after ACL reconstruction: a critically appraised topic. *In Progress*

Carvalho, E. The effectiveness of blood flow restriction therapy for patients with shoulder impingement syndrome. *In Progress*

Cerna S. Weighted ball training programs increase elbow torque: a critically appraised topic. *In Progress*

Hibbs B. Can thoracic mobilizations be used to treat patients with shoulder impingement syndrome? A critically appraised topic. *In Progress*

King E. Rehabilitation programming for atraumatic glenohumeral instability: a critically appraised topic. *In Progress*

Marchesano N. Blood flow restriction and isokinetic knee strength after ACL reconstruction: a critically appraised topic. *In Progress*

Marmol B. Limb symmetry index overestimates knee function in dynamic hopping tests after ACL reconstruction: a critically appraised topic. *In Progress*

Peterson S. Incidence and injury rates in male soccer players after the F-MARC 11+ training program: a critically appraised topic. *In Progress*

Rodriguez A. The effectiveness of CFRA as a treatment for knee osteoarthritis: a critically appraised topic. *In Progress*

De La Mora T. Scapular based exercise programs for shoulder impingement syndrome: a critically appraised topic. May 2021.

De Luna K. Reliability of tuck jump assessment and landing error scoring system: a critically appraised topic. May 2021.

Hide D. Cold-water immersion attenuates muscle strength: a critically appraised topic. May 2021.

Ludwig-Keys A. Eccentric training vs. concentric training to prevent hamstring injuries: a critically appraised topic. May 2020.

Seime J. The use of a rigid cervical collar for head and neck trauma patients: a critically appraised topic. May 2020.

Williams D. The effectiveness of manual therapy and core stabilization to treat chronic low back pain: a critically appraised topic. May 2020.

Graduate Student Thesis & Capstone Project Committees

Contreras N. Relationship between ground reaction force impulse and throwing arm joint kinetics in collegiate baseball pitchers. December 2021.

Crowell K. Weak hip strength increases dynamic knee valgus in single leg tasks. May 2021.

Undergraduate Honors Project Committees

Bently N. Anterior cruciate ligament prevention program for female collegiate soccer players. May 2016.

COMMITTEES & UNIVERSITY SERVICE

Master's of Science in Athletic Training Program Assessment Coordinator, Point Loma Nazarene University. August 2019 - Present.

Kinesiology Department Assessment Committee, Point Loma Nazarene University. August 2019 - Present.

Institutional Review Board Task Force Committee, Rocky Mountain University of Health Professions. February 2021 - August 2021.

Graduate Student Council Member, Rocky Mountain University of Health Professions. July 2015 - July 2017.

Point Loma Nazarene University Alumni Student Mentorship Program, Point Loma Nazarene University. August 2015 - May 2016.

CLINICAL EXPERIENCE

Athletic Trainer Point Loma High School, San Diego, CA
August 2014 - May 2018

Point Loma Chiropractic, San Diego, CA
September 2014 - July 2018

**Graduate Assistant
Athletic Trainer** San Francisco State University, San Francisco, CA
August 2012 - May 2014
Men's Soccer, Women's Track & Field

PROFESSIONAL CERTIFICATIONS

Board Certified Athletic Trainer #2000011222

NASM Certified Nutrition Coach #1210654913

American Heart Association CPR & AED Certified

Learning Design in Health Education Certificate (LDHE), Rocky Mountain University of Health Professions. Completed December 2017.

PROFESSIONAL AFFILIATIONS

National Athletic Trainers' Association Member #5259 1. May 2012 - Present.

Far West Athletic Trainers' Association Member . May 2012 - Present.

California Athletic Trainers' Association Member . 2012 - Present.

San Diego High School Athletic Trainers' Association Member . August 2014 - May 2018.