

Curriculum Vitae
Frank S. Ogle Ph.D., LMFT # MFC 50668

EDUCATION

Ph.D. September 2009
Union Institute & University
School of Professional Psychology
Clinical Psychology

M.A. October 1998
National University
Counseling Psychology

B.A. January 1997
National University
Psychology
Magna Cum Laude

Current License

Licensed Marriage Family Therapist # LMFT 50668

CLINICAL EXPERIENCE

May 2016 to Present Sharp Mesa Vista Senior Intensive Outpatient and VA Program

Counselor in the Senior Intensive Outpatient program conducting groups, teaching coping skills, maintaining up to date progress notes, developing treatment plans, assessing patient safety, and coordinating treatment in an interdisciplinary framework. I also provide individual sessions in their VA program for service members who present with trauma histories, as well as trauma group sessions.

October 2003 to May 2016 Assistant Program Director

Isis Crisis Center, San Diego, California

Assist the Program Director in the coordination of a 12-bed short-term acute residential treatment program for adults with persistent and chronic mental illness within a bio-psychosocial rehabilitation model. Ensure facility compliance with licensing, Medi-Cal, and the Department of Mental Health regulations for county, state and federal contract guidelines. Serve to provide consultation on clinical, ethical and legal matters, administrative and financial procedures on-site and on call 24-hours a day. Supervise 40 to 50 employees, nurses, trainees, interns, licensed consultants, and provide direct feedback on hiring decisions. Provide management for all program operations during the absence of the Program Director. Assist in development of treatment modality for clients with co-occurring disorders. Member of the Dialectical Behavioral Treatment (DBT)

Workgroup for Community Research Foundation for the integration of this treatment modality across treatment centers.

January 2013 to May 2016-Sharp Mesa Vista Senior Intensive Outpatient (SIOP)

Per Diem counselor in the Senior Intensive Outpatient program conducting groups, teaching sessions and maintaining up to date progress notes.

January to Present Center for Enriching Relationships

Licensed Marriage and Family Therapist. Private practice conducting individual sessions, marriage and family counseling,

December 2006-December 2016 Lighthouse Psychological Service

Licensed Marriage and Family Therapist, Psychological Assistant. Private practice conducting individual sessions, marriage and family counseling, child therapy, psychological assessments, and crisis interventions.

Fall 2009 to 2013 Adjunct Professor: Argosy University

Argosy University: San Diego Campus
1615 Murray Canyon Road Suite 100
San Diego, CA 92108

Summer 2010 to Present Adjunct Professor: Azusa Pacific University

Azusa Pacific University: San Diego Regional Center
5353 Mission Center Road #300
San Diego, CA 92108

Fall Semester 2010 to 2012

Bethel Seminary, San Diego, California

Personality testing for the student body utilizing the *Emotional Quotient Inventory (EQI)* and the *PsychEval Personality Questionnaire (PEPQ)*.

July 2002-October 2003 Senior Residential Coordinator

Isis Crisis Center, San Diego, California

Coordinated daily admissions, discharges, and treatment plans. Responsibilities included review and audit of clinical records to ensure compliance with Medi-Cal and County requirements. Oriented new staff, interns, and trainees, providing individual training in assessments, individual sessions, groups, treatment-planning and coordinated care for after discharge. Develop and introduce Dialectical Behavioral Therapy in conjunction with supervisor for short-term facility.

April 2000-June 2002 Residential Coordinator

Isis Crisis Center, San Diego, California

Managed scheduling of staff in the crisis center. Coordinated case loads of staff, approved assessments, maintained current caseload of clients, and provided individual, group and milieu therapy with adults experiencing an acute psychiatric crisis.

January 1999-March 2000 Part-time Residential Counselor

Isis Crisis Center, San Diego, California

Intake assessments, individual and group counseling, discharge planning, coordination of follow-up treatment, and team leader.

March 1998-December 1998 Practicum

Isis Crisis Center, San Diego, California

Learning to conduct intake assessments, formulation of diagnosis, and development of service plans, identifying social service needs and treatment goals with adults in an acute psychiatric crisis. The practicum provided opportunity to learn appropriate interventions in crisis situations and how to engage clients in their treatment.

Teaching Experience

Fall 2016 to Present: Adjunct Professor

Point Loma Nazarene University

Mission Valley Regional Center

4007 Camino Del Rio South

San Diego, CA 92108

Courses Taught:

Psycho-diagnostics

Practicum I

Fall 2010 to Present: Adjunct Professor

Azusa Pacific University

5353 Mission Center Road #300

San Diego, CA 92108

Courses Taught:

Maladaptive Behavior & Psychopathology

Theories of Psychotherapy

Introduction to Clinical Practices: Basic Skills

Fall 2009 to 2014: Adjunct Professor

Argosy University: San Diego Campus

1615 Murray Canyon Road Suite 100

San Diego, CA 92108

Courses Taught:

Maladaptive Behavior & Psychopathology

Diagnosis and Treatment Planning

Professionalization Group I

Professionalization Group II
Ethics in Practice

Specialized Training

Sharp Mesa Vista Hospital: September 2017
Cognitive Processing Therapy for PTSD

Community Research Foundation: April 2012
Series on Dialectical Behavioral Therapy (DBT) 16 Hours
Part I Biosocial Theory, Mindfulness Skills & Strategies
Part II Emotion Regulation Skills & Strategies
Part III Interpersonal Effectiveness Skills & Strategies
Part IV Distress Tolerance Skills & Strategies

County of San Diego Behavioral Health CADRE IX
Comprehensive Continuous Integrated System of Care
August to December 2010
Attended 44 hour training related to the integrated treatment of dually diagnosed clients including Motivational Interviewing, Integrated Assessment model, relapse prevention, cultural resiliency, utilizing stage specific treatment planning, and establishing this model across agencies.

Veterans' Series Presented by Behavioral Health Education Training Academy: June 2009 to August 2009
Session 1: Transitions; PTSD/TBI; PTSD and Substance Abuse
Session 2: Veterans, Co-morbidity, and PTSD; PTSD and the Combat Soldier; Female and API Veterans; & Religion and Resilience
Session 3: Family Violence; Typologies and the New Paradigm; Understanding the Culture of the Military Family; Military Responses to Family Violence, Safety and Resources; & Treatment Challenges.

Staying Ahead of the Curve: Updates for Domestic Violence Treatment
November, 2008
Attended 16 hour training on domestic violence treatment and prevention. Presented by the Relationship Training Institute.

Part II: Evidenced-Based, Promising and Clinically Informed Interventions with Older Adults
Fall 2008
Attended 50 hour training for older adults and mental health. Presented by a partnership of UCSD Center for Geriatric Psychiatry, The Heritage Clinic: A Division of the Center for Aging Resources, and The County of San Diego Health and Human Services Agency, Behavioral Health division Adult/Older Adult Mental Health Services.

Part I: Introduction to Older Adult Mental Health Services

Spring 2008

Attended 40 hour training for older adults and mental health.

Presented by a partnership of UCSD Center for Geriatric Psychiatry, The Heritage Clinic: A Division of the Center for Aging Resources, and The County of San Diego Health and Human Services Agency, Behavioral Health division Adult/Older Adult Mental Health Services.

The STOP Program: Understanding and Treating Domestic Violence in the 21st Century

May 2007

Attended a 40-hour training on treating and preventing domestic violence.

Presented by the Relationship Training Institute.

Play Therapy and Beyond: Treatment Techniques and Strategies with Children and Pre-Adolescents

October 2006

Attended a 6-hour training for therapy techniques with children.

Presented by Cross Country Education.

Presentations

Treatment of Chronic Schizophrenia. Grand Rounds: Community Research Foundation. May 2008.

Ethics in Psychological Testing and Cultural Issues. Bethel Seminary, April 2006.

Global Assessment of Functioning; Evaluation in a Crisis House Setting. Community Research Foundation in multiple facilities. Spring 2004.

Substance Related Disorders. Bethel Seminary. August 2004.

Cognitive/Affective Disorders-ADHD & Treatment. Point Loma Nazarene University. June 2004.

Changes to the DSM: From the IV to the 5. San Diego, 2014.

Professional Memberships

California Association for Marriage Family Therapists (CAMFT)