

DONALD W. WELCH, Ph.D., LMFT
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MACC COURSES TAUGHT:

Rank: Adjunct Professor

Date: 2017-present

Psy 625 Counseling Theories & Faith Integration I

Psy 601 Issues in Psychotherapy – Theology Integration

BIO:

A counselor for over thirty years and a veteran professor of twenty-eight years, Dr. Welch has been invited to lecture at four different universities and is in private practice and previously employed as a marriage and family therapist staff member at Charter Behavioral Health System of Kansas City, a psychiatric hospital. For fourteen years, Don served as Professor of Christian Education and Family Studies at MidAmerica Nazarene University in Olathe, Kansas where he was honored as Teacher of the Year (voted by faculty and student body) and included in several Who's Who Among America's Teachers.

He is a California Licensed Marriage and Family Therapist, a Kansas Licensed Clinical Marriage and Family Therapist and a Clinical Member and Approved Supervisor in the American Association of Marriage and Family Therapists.

For the past twelve years, Dr. Welch has served Point Loma Nazarene University as an adjunct psychology professor. As a thirty-two year ordained minister in the Church of the Nazarene, Dr. Welch has served as senior and associate pastor as well as the preaching/interim pastor at six rural and suburban churches in Kansas, Missouri, and California. For the past twelve years, he continues as the Skyline Wesleyan Church in La Mesa, California as their part-time counseling pastor where he has produced 119 broadcasts of "My Therapist 'Sez'..." a live streamed production where medical doctors, psychotherapists and other relationship specialists interact with a live audience while discussing relationship issues.

For years Dr. Welch owned and directed Family Counseling Services, San Diego's first and oldest professional Christian Psychotherapy center. Along with his wife, Robin, Don founded the Center for Enriching Relationships (www.CERsandiego.org) a nonprofit professional Christian Psychotherapy center now partnering with Point Loma Nazarene University's Master of Arts in Clinical Counseling program where he gives leadership to 30 psychotherapists who are dedicated to serving San Diego's under-resourced populations at 20 sites from North County to East County to South Bay.

As a prolific author, Dr. Welch has written extensively in books, magazines, biblical commentaries and methodologies, and newspapers including Point Loma Nazarene University ViewPoint Magazine, Group Publishing, The Preachers Magazine, Bible Study Methodologies for Word Action Publishing, World Mission Magazine, the Kansas City Star newspaper, including the *Evangelical Dictionary of Christian*

Education (Baker Books) and *Introducing Christian Education* (Baker Books), Nazarene Publishing House and Beacon Hill Press. His most recent pending book is *The Screen-Smart Kid: Equipping Children to Live in a Media-Saturated World*.

As a versatile and accomplished communicator, Dr. Welch has spoken about relational issues at academic conferences, revivals, churches, and retreats around the world.

Dr. Welch and his wife, Robin are happily married and have two adult children. As a former junior high school English teacher including a graduate degree in library science-information and technology systems, Robin has served as a full-time faculty member at MidAmerica Nazarene University and is currently the temporary faculty instructional services librarian at Point Loma Nazarene University.

Having a heart for ministry to the under-served, Don and Robin have led eight Work and Witness teams to places like Mexico, the Philippines, the former Soviet Union, and the Caribbean where evangelism was conducted, buildings constructed, relief supplies distributed, and medical assistance provided.

As a native Californian, Don enjoys boating, swimming, surfing, fishing, skiing, music, reading, jogging and continues to play full-court basketball on his favorite men's league. As a family of four, the Welch's have traveled extensively throughout Europe thanks to brothers who are in the military.

EDUCATION:

University: University of Kansas; Lawrence, Kansas

Major: Education*

Degree: **Ph.D.**

Dates in the program: 1988-1994

*(psychological and philosophical underpinnings of cognitive and developmental theory)

University: Friends University; Wichita, Kansas

Major: Family Therapy

Degree: **M.S.**

Dates in the program: 1996-1998

Seminary: Nazarene Theological Seminary; Kansas City, Missouri

Major: Theology

Degree: **M.Div.**

Dates in the program: 1983-1986

University: Point Loma Nazarene University; San Diego, California

Major: Religion

Degree: **M.A.**

Dates in the program: 1978-1980

University: Point Loma Nazarene University; San Diego, California

Major: Religion
Minor: Psychology
Certificate: Youth Ministry
Degree: **B.A.**
Dates in the program: 1974-1978

EXPERIENCE IN FIELD:

Private Practice as Licensed Clinical Marriage and Family Therapist, 1998-present.

Owner/Director, Family Counseling Services, Inc., San Diego, California, 6/2011-present.

Founder and Executive Director, Center for Enriching Relationships, Inc., San Diego, California, 9/2008-present.

Counseling Pastor, Skyline Church, San Diego, CA, 8/2006-present.

Marriage and Family Therapist Staff Member at Charter Behavioral Health System of Kansas City (psychiatric hospital), Overland Park, KS, 5/98-5/99.

Director, Freshman Seminar Program, MidAmerica Nazarene University, Olathe, KS, 5/1998-5/2000.

Head of the Department of Christian Education, MidAmerica Nazarene University, Olathe, KS, 7/1997-5/2005.

Chairman of the Division of Management and Human Relations, MidAmerica Nazarene University, 11/1992-7/1997.

Associate Registrar, Nazarene Theological Seminary, Kansas City, MO, 7/1989-7/1991.

Pastoral Ministries Coordinator, Church of the Nazarene International Headquarters, Kansas City, MO, 7/1987-7/1989.

Senior Pastor, Rainbow Boulevard Church of the Nazarene, Kansas City, KS, 7/1983-7/1987.

Associate Dean of Students, Point Loma Nazarene University, San Diego, CA, 7/1980-7/1983.

Assistant Chaplain, Point Loma Nazarene University, San Diego, CA, 7/1981-7/1983.

Director of College Ministries, San Diego First Church of the Nazarene, San Diego, CA, 6/1981-7/1983.

Resident Director, Point Loma Nazarene University, San Diego, CA, 8/1979-7/1981.

PROFESSIONAL AND COMMUNITY INVOLVEMENT:

Nazarene Ministerial Candidate Workshop Candidate Psychological Report Participant:
Point Loma Nazarene University Center for Pastoral Leadership, San Diego, California,
October 7-8, 2011

Extensive Denominational/Educational Foreign Travel:
Austria, Egypt, England, France, Germany, Greece, Israel, Italy, Mexico, Netherlands,
Poland, Philippines, Spain, Sweden, Switzerland, Trinidad, Ukraine

Member, Strategic Marriage Initiative Premarital Preparation Pastor's Training (2006)

Presenter, Strategic Marriage Initiative Premarital Preparation Pastor's Training (2006)

Member, Adult Curriculum Committee for Word Action, Nazarene Publishing House,
International Church of the Nazarene, Kansas City, Missouri, July 2002

Team Leader – MidAmerica Nazarene University, Olathe, Kansas Work & Witness Groups
1998... Trinidad, Caribbean 1995... Monterrey, Mexico
1997... Kyiv, Ukraine 1994... Ensenada, Mexico
1996... Manila, Philippines

Team Leader – MidAmerica Nazarene University, Olathe, Kansas Israel Trip (1992)

Coordinator, 22nd General Assembly, International Church of the
Nazarene Headquarter's Church Growth Division 20,000 square foot booth

Church of the Nazarene Preaching/Interim Pastor - 1) Spring Valley, CA, 2) Tiffany
Springs, Kansas City, MO, 3) Metropolitan, Kansas City, KS, 4) St. Joseph
Northside, St. Joseph, MO, 5) Belton, MO, 6) 1st Church Gardner, KS
(tutored seminary student who became the Pastor at graduation), 7) Gardner, KS, 8) Butler, MO

Church Board Member via Sunday School Ministries Board (1999-2005), College Church of the
Nazarene, Olathe, Kansas, Adult Sunday school Co-Teacher, Affirmer's Class (1994-2004)

Ministerial Studies Board, Kansas City District, Church of the Nazarene (2000-2005)

Team Leader, Point Loma Nazarene University, San Diego, California Ministry Trip, Mexico (1981)

2004 Editorial Advisor Board for *Annals of the American Psychotherapy Association*

Fellow in Psychotherapy in the American Psychotherapy Association (2000-2011)

Clinical Member in the American Association for Marriage and Family Therapy

Kansas Association for Marriage and Family Therapy

California Association for Marriage and Family Therapy

North American Professors of Christian Education (1991-2005)

Licensed Marriage and Family Therapist in the State of California, 2011-present (LMFT #50129)

AAMFT (American Association for Marriage and Family Therapists) Approved Supervisor, 2005-present (#77904 membership)

Licensed Clinical Marriage and Family Therapist in the State of Kansas, 1998-present (#090)

Ordained Minister, Church of the Nazarene, 1985-present

Ordained Minister-Supply, Wesleyan Church, 2006-present

AWARDS AND HONORS:

Top Ten Pro-Family Heroes of 2015 (on DefendTheFamily.com)

Strathmore's Who's Who, 2011

Continental Who's Who, 2011

Who's Who Alliance, 2010

Distinguished Professionals Online, 2010/2011

Presidential Who's Who, 2010

Biltmore Who's Who, 2007

Cambridge Who's Who, 2006

National Registers Who's Who In Executives and Professionals, 2006

Who's Who Among America's Teachers, 2002, 2004, 2005

Gamma Epsilon Donald S. Metz Award for Distinctive Academic Contributions (Teacher of the Year by vote of faculty and student body), MidAmerica Nazarene University, 2000-2001

Chi Psy Honor Society, 1998

International Who's Who of Professionals, 1997

Outstanding Young Men In America: 1983, 1984, 1986

PUBLICATIONS:

“My Therapist ‘Sez’...” 119 broadcasts including audio and video 2007-present.

The Screen-Smart Kid: Equipping Children to Live in a Media-Saturated World. Beacon Hill Press of Kansas (pending), 2016.

Seven Deadly Sins, Beacon Hill Press of Kansas City, 2016.

Are You Parenting with Empathy or Anxiety (How Parents Unwittingly Contribute to a Child’s Emotional Stress), Refreshed Magazine, November 2014, pg. 16-17.

When Prayer Isn’t Enough, Point Loma Nazarene University ViewPoint, 2006.

Intensive Care (Be the One to Prescribe God’s Love to Kids in Crisis) Children’s Ministry Magazine, Group Publishing, July/August 2006

Word Action Adult Sunday School Methodologies, Nazarene Publishing House, 2006

Foreword to *The Marriage Manual*, by Dee Shaffer, Tate Publishing, 2005

Christian Education in the New Millennium, Baker Books, 2001, One chapter: “Counseling Ministry in the Church”

Video, Skill Builders Series, Word Publishing, 2001, "Learning How To Forgive Ourselves: As We Learn to Forgive Others"

Evangelical Dictionary of Christian Education, Baker Book House, 1999, 1 article: “Assimilation”

Nazarene Publishing House, 2001, 7 devotionals, *Come Ye Apart*

Nazarene Publishing House, 1998, 7 devotionals, *Come Ye Apart*

Nazarene Publishing House, 1996, 1 article, *World Mission Magazine*, “MANC Philippines Work and Witness Trip”

Kansas City Star Publication, 1996, 1 article, *Kansas City Star*, “Alternative Program Offers Adults Option On Degrees”

Nazarene Publishing House, 1989, *The Preacher’s Magazine*, “Conflict Management in Staff Internship Settings”

Nazarene Publishing House, 1989, *The Preacher’s Magazine*, “Where Did The Converts Go?”

PRESENTATIONS:

Skyline Church, La Mesa, California, "My Therapist 'Sez' ..." monthly professional mental health panel moderator to live audience and 12,000+ Live Stream audience, May 2007-present

Skyline Church, La Mesa, California, numerous preaching messages, 2006-present

Skyline Church, La Mesa, California, Weekly 2B1 Marriage Class of 70+ couples, 2007-present

Pacific Southwest District of the Wesleyan Church Young Leaders Retreat Keynote Speaker: California, August, 2012

Ruth Institute: *It Takes a Family to Raise a Village 4th Annual Conference*, presenter, San Diego, California, August, 2012

Pacific Southwest District of the Wesleyan Church: *Young Leaders Retreat Keynote Speaker*: California, 2011

Point Loma Nazarene University, School of Theology and Christian Ministry, speaker, CMI-612: *The Life of the Minister: Living Whole in Pastoral Service*, *Vocational Ministry: Hazards to a Healthy Marriage*, October, 2010

KPRZ 1210 AM (San Diego Christian Radio) numerous appearances with talk show host Keith Olson, Ph.D., 2005-2008

Point Loma Nazarene University, speaker, Nazarene Ministerial Candidate Workshop, *The Minister's Family Relationships*, October, 2007

International Church of the Nazarene Strategic Marriage Initiative Premarital Preparation Pastor's Training, speaker, 2006-present

International Church of the Nazarene Twenty-Sixth General Assembly, Seminar Speaker (two seminars on relationships), Indianapolis, Indiana, June, 2005

The Christian Association for Psychological Studies, Co-Presentation, *Narcissistic Impingements on Intimacy with God: The Push – Pull of Closeness*, April, 2005

MidAmerica Nazarene University, Ministry Resource Center Keynote Speaker, *Dealing With Difficult People*, November, 2004

Nazarene Student Leadership Conference, *Conflict Resolution Methods When Dealing With Difficult People*, MidAmerica Nazarene University, April, 2004

Kansas Association for Marriage and Family Therapists, consultant to executive board, March, 2003

Kansas District Adult Ministries Family Relationships Conference, Church of the Nazarene,

Keynote Speaker, Great Bend, Kansas, November, 2002

Nebraska District Church of the Nazarene, Laymen's Retreat, York, Nebraska, September, 2001

MidAmerica Nazarene University, Ministry Resource Center Seminar, *The Holiness Connection for Families*, March, 2001

MidAmerica Nazarene University, Faculty Development, *Integrating the Christian Life and Knowledge*, March, 2001

The Kansas Chapter of International Association for Arson Investigators, Keynote Speaker, Topeka, Kansas, February, 2001

Mississippi District Pastor and Mate Retreat, Keynote Speaker, Church of the Nazarene, Brandon, Mississippi, October, 2001

Nebraska District Pastor and Mate Retreat, Keynote Speaker, Church of the Nazarene, Grand Island, Nebraska, October, 1999

Kansas City District Sunday School Convention, Church of the Nazarene, Seminar, *How Different Are Your Adult Learners?* March, 1999

Kansas City District Sunday School Convention, Church of the Nazarene, Seminar, *How Adults Learn Best*, March, 1999

International Church of the Nazarene Millennium Celebration, Panel Member, Kansas City, Missouri, February, 1999

International Church of the Nazarene SOLOCON Retreats, Nationwide Keynote Speaker & Seminar Leader (five SOLOCONS in five different states), 1990-2005

International Church of the Nazarene Teacher Learning Conferences, Nationwide Seminar Leader (four districts of 75-100 churches on each district)

Nazarene Student Leadership Conference, *Leadership Principles Within Group Process*, Point Loma Nazarene University, April, 1982

Enriching Relationships, Inc., Founder and President, Keynote Seminar Speaker on relationships (in numerous denominations) within ten states: California, Illinois, Iowa, Kansas, Mississippi, Missouri, Nebraska, Oklahoma, Pennsylvania, Georgia, June 1994-present

Seminary Chapel Preacher and Musician, Nazarene Theological Seminary (numerous times)

University Chapel Speaker, MidAmerica Nazarene University (numerous speeches)

Church Revivals & Special Guest Appearances at dozens of churches nationwide (in numerous denominational settings) including retreats, conferences, revivals, banquets, men's and women's groups, seminars, and singles' groups, 1983-present

Coordinator, 22nd General Assembly, International Headquarters Church Growth Division 20,000 square foot booth, Indiana, June, 1989

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." October 3, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *When Loving You Is Killing Me (Creating Healthy Boundaries With Addictive Loved Ones)*, September 5, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Teaching Our Children Critical Life Skills*, June 6, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Early Development And Its Impact On Adulthood*, May 2, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Trauma: Healing Hurts From The Past*, April 4, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *The Art Of Intimate Marriage*, March 7, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *God in the Midst Of Your Pain*, February 7, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Overcoming Anxiety And Depression*, January 3, 2017

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Shopping, People Pleasing, and Other Addictions*, December 6, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Handling Difficult Holiday Relationships*, November 1, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *God, The Brain, And Sexuality*, October 4, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Dealing With Entitlement, Jealousy And Narcissism*, September 6, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez'..." *Good Stress, Bad Stress, And Brain Health*, August 2, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Stabilizing Your Child’s Chaos*, June 7, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Overcoming Catastrophic Loss*, May 3, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *The Art Of A Healthy Marriage*, April 12, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Taking Control Of Your Anxiety*, March 1, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *The Ranomed Journey: Pursuing Freedom From Addiction*, February 2, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Rewiring Your Brain Through Prayer (part 2)*, January 5, 2016

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *How To Persevere When You Want To Give Up*, December 1, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *What To Do With That “Crazy” Family Member*, November 3, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Creating Safe Relationship Boundaries*, October 6, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Telling Yourself The Truth* most of what happens is because of what you believe, September 1, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Healing Your Brain Through Prayer*, August 4, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Love, Honor & Forgive*, July 8, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Healing Childhood Wounds in Marriage*, June 2, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Talking To Your Child About Sex*, May 5, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’...” *Pornography and Mates Pain*, April 7, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Addiction-Free Behavior*, March 3, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Interacting With the Combative Relative*, February 3, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Anxious-Free Living*, January 6, 2015

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Addiction Intervention: Speaking Truth in Love*, December 2, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Insights to Embracing God’s Love*, November 4, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healing the Wounded Marriage*, October 7, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Understanding Pornography Addiction*, September 3, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Getting Out of Debt & Anxiety*, August 7, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *The High-Octane Marriage*, April 2, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *The Hidden Life of the Adopted Child*, March 5, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Resilience – Grieving & Growing Through Loss*, February 5, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing Depression & Preventing Suicide*, January 8, 2014

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Responsive vs Reactive Relationships*, December 4, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healthy Relationship Boundaries*, November 6, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Self-Soothing vs Self-Medicating*, October 2, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist

‘Sez’ ...” *Best Relationship Communication Techniques*, September 4, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Questions Kids Ask About Sez*, August 7, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Anxiety Reducing Skills*, July 3, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Integrating Bible With Coping Skills*, June 5, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Discovering Your Self in Relationships*, May 1, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Getting Marital Needs Met*, April 3, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Best Parenting and Grandparenting Skills*, March 6, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Becoming the Friend You Desire*, February 6, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Depressions & Stress Busters*, January 2, 2013

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healing Childhood Wounds from Inadequate Parenting*, December 5, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *The Intimate Marriage (Part 2)*, November 7, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing That Troublesome Family Member*, October 3, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Financial Success in Marriage and Family*, September 5, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Love After Loss; Hope After Hurt*, August 1, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Housing Crisis: Know Your Options, Relieve Stress*, July 11, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Forgiveness is For-Giving*, June 6, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing Your Mate’s Bad Habits*, May 2, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Creating Soul-Mate Ties With Your Mate*, April 4, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *The Intimate Marriage*, March 7, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *An Anxious-Free Life*, February 1, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *New Year’s Blues Busters*, January 4, 2012

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Attachment: How Better To Connect With Others*, December 7, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Dealing With The Holiday-Problem-Family-Member*, November 2, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Unlocking My Developmentally-Stuck-Mate*, October 5, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healing for Post Abortion Loss*, September 7, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Addictions: Who, What & How*, August 3, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Families Facing Cancer*, July 6, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing The Dependent Person In My Life*, June 1, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Increasing Healthy Sex In Marriage*, May 4, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Changing Negative Behaviors In My Mate*, April 6, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Enjoying A Debt-Free Relationship*, March 2, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Parenting Your Rebellious Child*, February 5, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Steps To A Depression Free Life*, January 5, 2011

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing My Reactions To My Mate's Shortcomings*, December 1, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Tips For Managing Without Enough Money*, November 3, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Getting Help For Addictive Behaviors*, October 6, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Overcoming Depression*, September 1, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Finding Our Way Out Of This Financial Season*, August 4, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Fighting Fair With My Mate*, July 4, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Managing The Trouble-Maker In Your Life*, June 2, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Overcoming Emotional And Relationships Setbacks In Life*, May 5, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Dealing With Controlling People*, April 7, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *What To Do When Finances Aren't Working*, March 3, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Parenting The Teenager In Your Life*, February 3, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Tips For Overcoming Balance In Marriage*, January 6, 2010

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Achieving Balance In Marriage*, December 2, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist

‘Sez’ ...” *Differences Between Loving And Needing*, November 4, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Understanding How Family-Of-Origin Impacts The way You relate*, October 7, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Parenting The Teenager In Your Life*, September 2, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Confessions And Asking For Forgiveness*, August 5, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healthy Sex In Marriage (session 2)*, July 1, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Letting Go Of Resentments*, June 3, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Turning Fights Into Intimate Conversations*, May 6, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Healthy Sex In Marriage*, April 1, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Surviving The In-Laws*, March 4, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Food Feeling And Marriage*, February 4, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Understanding Affairs*, January 7, 2009

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *7 Secrets To Making A Marriage Last*, December 3, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *ABC’S Of Marriage Communication*, November 5, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Understanding Affairs*, October 1, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Dealing With Children In Marriage*, September 3, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: “My Therapist ‘Sez’ ...” *Do I Have To Give Up Me To Be Loved By You?* August 6, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Healthy Confrontation In Marriage*, July 2, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Codependency*, June 4, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Blended Families*, May 7, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *You Just Don't Understand - Male And Female Communication Styles*, April 2, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Special Needs Kids*, March 5, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Eating Disorders*, February 6, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Depression*, January 2, 2008

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Teenagers*, December 5, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Premarital*, November 7, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Domestic Violence*, October 3, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Sexual Abuse*, September 5, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Boundaries*, August 1, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Trauma Recovery*, July 18, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Parenting*, June 6, 2007

Skyline Church, La Mesa, California Professional Mental Health Panel Moderator: "My Therapist 'Sez' ..." *Coping With Difficult People*, May 7, 2007